

Turning evidence into practice: Integrating smoking cessation into cardiovascular clinics



**EuroPrevent 2017 | Friday 7th April 2017 | 12:45-13:45 | Conference room 1.1 – 1.3
FYCMA – Palacio de Ferias y Congresos de Malaga | Lunch will be provided**

The burden of tobacco on morbidity and mortality is preventable and significant, and remains unnecessarily high.¹ Cardiovascular diseases (CVD) cause 47% of all deaths in Europe, and about 20% of deaths from CVD in men and about 3% of deaths from CVD in women are due to smoking.² Therefore, it is imperative that smokers looking to quit, including those with CVD, are offered the best evidence-based support and care available, coupled with effective smoking cessation aids.^{3,4}

This Satellite Symposium brings together leading specialists in cardiology and smoking cessation from across Europe to discuss topics relating to the current treatment landscape for smoking cessation in patients with CVD. The Satellite Symposium will unpack the latest evidence and explore best practice in integrating smoking cessation into treatment pathways for CVD on the ward.

Programme

12:45	Welcome and introductions	Prof Esteban López de Sá, Chair
12:50	Addressing smoking cessation in patients with CVD	Dr Sandy Gupta
13:05	The evidence for smoking cessation in patients with CVD	Prof Esteban López de Sá
13:20	Smoking cessation on the cardiology ward: Sharing best practice	Dr Regina Dalmau
13:35	Q&A session	Led by Esteban López de Sá
13:45	Close	

Meeting Chair: Prof Esteban López de Sá is Head of the Acute Cardiac Care Unit, Hospital Universitario La Paz, Associate Professor of Medicine at The Autonomous University of Madrid, President Elect of the Working Group of Acute Cardiac Care and Ischemic Heart Disease at the Spanish Society of Cardiology and a Fellow of the European Society of Cardiology.

Speaker: Dr Sandy Gupta is Consultant Cardiologist at Whipps Cross and Barts Health NHS Hospitals Trust, London. Along with being awarded a British Heart Foundation research fellowship, Dr Gupta has authored over 40 peer-published papers and editorials, several book chapters and a text book.

Speaker: Dr Regina Dalmau is a Cardiologist at the University Hospital la Paz, Madrid and is the current president of the Spanish National Committee of Smoking Prevention. Dr Dalmau is also the Spanish National Coordinator for Cardiovascular Prevention at the ESC as well as being a member of the Spanish Society of Cardiology.

We hope you will be able to join this Satellite Symposium on Friday 7th April.

1. European Commission (2015), Special Eurobarometer 429 – Attitudes of Europeans towards tobacco and electronic cigarettes. Available at http://ec.europa.eu/public_opinion/archives/ebs/ebs_429_en.pdf. Last accessed February 2017. 2. Nichols M, Townsend N, Luengo-Fernandez R et al. (2012) European Cardiovascular Disease Statistics. European Heart Network, Brussels, European Society of Cardiology, Sophia Antipolis. Available at: <https://www.bhf.org.uk/-/media/files/research/heart-statistics/european-cardiovascular-disease-statistics-2012.pdf> Last accessed February 2017. 3. Stead LF, Kjolli P, Fanchaw TR, Lancaster T. Combined pharmacotherapy and behavioural interventions for smoking cessation. Cochrane Database of Systematic Reviews 2016, Issue 3. Art No.: CD008286. Available at: http://www.cochrane.org/CD008286/TOBACCO_does-combination-stop-smoking-medication-and-behavioural-support-help-smokers-stop Last accessed February 2017. 4. Walsh RA and Sanson-Fisher RW. Encouraging people to stop smoking. World Health Organisation, Geneva, 2001: p1-55.