

**Auditorium 1**  
**Friday, April 7, 2017**  
12.45-13.45

## Faculty



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## Scientific programme

# Pharmacological agents during cardiac rehabilitation: the synergy to go further

Chairpersons: **Ana Abreu** (Portugal) and **Alain Cohen-Solal** (France)

Introduction

**Ana Abreu** (Portugal)

Cardiac rehabilitation: current challenges and barriers

**Frank Edelmann** (Germany)

The role of metabolic agents during cardiac rehabilitation

**Romualdo Belardinelli** (Italy)

The benefits of improving systolic function by pure heart rate reduction

**Mehmet Birhan Yilmaz** (Turkey)

Conclusion

**Alain Cohen-Solal** (France)

## PURPOSE

Cardiac rehabilitation is a recommended non-pharmacological treatment for all stable heart failure and coronary artery disease patients. There is robust evidence of its benefits in terms of quality of life and prognosis. However, only 30% of eligible patients in Europe participate in cardiac rehabilitation programs. The objective of this Satellite Symposium is to discuss possible ways to overcome barriers, encourage initiatives, and share successful experiences by optimizing the management of the disease (angina pectoris or heart failure) with metabolic approaches such as trimetazidine or with pharmacological agents improving the systolic function such as ivabradine.

## TARGET AUDIENCE

This scientific program is intended for cardiologists, internal medicine physicians, family practitioners, and other health care professionals involved in the management of coronary artery disease or heart failure patients.

## EDUCATIONAL OBJECTIVES

- Understand the value of cardiac rehabilitation programs as part of the recommended treatment in post-MI patients and following an acute event in heart failure patients
- Assess how medicines, either metabolic or haemodynamics drugs, and exercise can lead to a virtuous circle of patients' well-being
- Characterize the challenges in setting up cardiac rehabilitation programs and understand potential solutions.