

EuroPRevent

The European Meeting Place for Science in Preventive Cardiology

FROM RESEARCH TO IMPLEMENTATION 2012



Dublin
Ireland
3-5 May 2012

New Joint
Guidelines
on CVD
prevention

2nd ANNOUNCEMENT

www.escardio.org/EuroPRevent

• No use of tobacco • Adequate physical activity • Healthy eating habits • Not overweight • Low Blood pressure • Low Blood cholesterol • Normal glucose metabolism • Avoidance of excessive stress





Invitation to Attend

The Annual Meeting of the European Association for Cardiovascular Prevention and Rehabilitation

Welcome to **EuroPREvent 2012**, the premier international forum for Preventive Cardiology! The congress will be hosted in Europe's newest Convention Centre, beside the river in central Dublin.

Diseases of the heart and circulation are the biggest global causes of death and disability even though they are preventable. Building on the success of the 2011 meeting in Geneva, EuroPREvent 2012 promises to make the newest advances in preventive cardiology accessible to all.

Next year's meeting will be unique. For the first time, the new 2012 European Guidelines on the Prevention of Cardiovascular Disease in Clinical practice will be launched at EuroPREvent, together with dedicated educational and implementation programmes. This will widen the relevance of the meeting to include cardiologists, family doctors, nurses, allied health professionals and voluntary bodies such as Heart Foundations, as well as health planners, local and international politicians, Departments of Health and Health executives.

The theme follows the cycle of the scientific evidence base that increases knowledge and informs guidelines through the Guidelines themselves to implementation strategies and audit.

The meeting will encompass basic science, research methods, epidemiology (how studies of groups and populations can inform preventive strategies), rehabilitation, lifestyle, sports medicine, health policy, education and implementation strategies at individual, local, national and international level.

EuroPREvent 2012 will bring the finest international health experts together to present their research and translate it into usable knowledge for health care workers, researchers, planners and policy makers.

Join us in Dublin! Oh, and don't forget that the Convention Centre is within walking distance of Trinity College, Dublin Castle, museums, art galleries, and other local attractions with the mountains and sea close by.

Pantaleo Giannuzzi, President of the European Association for Cardiovascular Prevention and Rehabilitation (EACPR)

Volker Adams, Chairperson, EuroPREvent Congress Programme Committee

Ian Graham, Co-Chair of the Congress Programme Committee and Local Organiser

Committee Members

Congress Programme Committee

Volker Adams
Chairperson

Ian Graham
Co-Chairperson and Local Host

Birna Bjarnason-Wehrens
Cardiac Rehabilitation

Julian Halcox, Nikos Geladas
Exercise, Basic
& Translational Research

Eva Prescott, Pedros Marques-Vidal
Prevention, Epidemiology
& Population Science

Sanjay Sharma
Sports Cardiology

EACPR Executive Board

Pantaleo Giannuzzi
President

Stephan Gielen
President – Elect

Dan Gaita
Treasurer

Luc Vanhees
Secretary

David Wood
Past-President

General Information

Airport Connections

Copenhagen	95 mn	Barcelona	115 mn
Stockholm	95 mn	Madrid	110 mn
Berlin	100 mn	Rome	145 mn
Amsterdam	55 mn	Moscow	210 mn
Frankfurt	75 mn	Athens	215 mn
Brussels	60 mn	New York	355 mn
Paris	60 mn	Tokyo	720 mn
London	35 mn	Hong Kong	745 mn



Venue

The Convention Centre Dublin
Spencer Dock, North Wall Quay
Dublin 1, Ireland



The building is fully accessible to disabled people.

Secretariat

ESC - EuroPrevent 2012
2035 Route des Colles – BP 179 –Les Templiers
06903 Sophia Antipolis - France
Tel: +33 (0) 92 94 7600 Fax: +33 (0) 92 94 7601
E-mail: europrevent@escardio.org
Website: www.escardio.org/EuroPrevent

How to get to the Venue

Located in Spencer Dock on Dublin's North Wall Quay, The CCD has a convenient city centre location and is easily accessible for all visitors - whether you are travelling from within Ireland, the UK, mainland Europe, or indeed from anywhere in the world.

By Air

Dublin Airport is Ireland's busiest airport, with over 75 airlines flying to over 200 destinations. It is conveniently located 10km north of Dublin city centre, just 20 minutes by road via the Port Tunnel, which brings visitors directly into the Spencer Dock area.



By Rail, Tram, Bus and Taxi

The CCD is less than ten minutes from Dublin's two mainline railway stations which serve all the major towns and cities in Ireland. The Luas Red Line (tram) runs directly behind The CCD. The DART (Dublin Area Rapid Transit) is also accessible nearby. The CCD is also well served by bus and taxi services.

Public Transportation

Dublin Bus

Dublin Bus offers a high frequency, accessible and easy to use service from all over Dublin City Centre and the surrounding area. These services include city bus services, Railink, School link, Airlink, Nitelink and DART feeder buses. Dublin Bus also operates day tours and is obliged to provide services to people with disabilities.

Opening Hours and Schedule

	Wednesday 2 May	Thursday 3 May	Friday 4 May	Saturday 5 May
Registration	15:00 - 18:30	07:30 - 18:30	07:30 - 18:30	07:30 - 14:00
Speaker Service Centre	15:00 - 18:30	07:30 - 19:30	07:30 - 18:00	07:30 - 14:00
Scientific Programme	Closed	08:30 - 19:00	08:30 - 18:00	08:30 - 14:00
Exhibition	Closed	09:00 - 20:00	09:00 - 18:00	09:00 - 14:00

Language

The official language is English. All lectures and presentations will be held in English. No translation is available.

Scientific Programme & Learning Objectives

In May, more than 46 sessions will be held over 3 days in the following 4 track design:

- **Research:** Basic and translational research underpins the evidence base for the production of Guidelines. This will run throughout the congress, in sessions on basic and translational research, workshops and how-to sessions, in oral and poster presentations, and in symposia on the new Joint European Guidelines on the Prevention of Cardiovascular Disease in clinical practice.
- **Guidelines:** The new Guidelines will be the subject of several detailed symposia to explain the background, development and practical advice with regard to clinical implications for prevention and cardiac rehabilitation.
- **Implementation:** Guidelines are of little value without a practical implementation strategy. This will be dealt with in a multidisciplinary way, through presentations of the EACPR implementation strategy, the launch of a new Prevention Toolkit, an interactive on-line Guideline Learning Tool, the HeartScore 2 interactive risk assessment tool, and sessions on the social and political aspects of implementation.
- **Audit:** Audit informs us with regard to the effectiveness of our prevention strategies. Time will be given to benchmarking and audit projects such as EuroAspire and the new 60 second audit called SURF. Quality assurance projects such as HeartOol will be presented.

The Programme will be designed to allow maximum interaction between participants and faculty. The following formats should stimulate discussion with the audience and further improve the communication between scientists, clinicians, general practitioners and nurses.

The programme will also include:

- State of the art reviews by the world's leading experts
- Discussion of recent developments in the various fields of basic science, epidemiology and prevention cardiology
- Joint Sessions with our partners committed to cardiovascular prevention
- Sessions geared towards practical management of cardiovascular diseases in daily situations by experts in their field:
 - Meet the Experts and "how to" sessions
- Young Investigator Session - Basic and Translational Science and Clinical Science
- Abstracts of Original Scientific Contributions
- Pre-Congress Course: Master Class in Preventive Cardiology - Hypertension
- Fred Epstein Lecture

Local Sessions

The development and implementation of preventive measures to reduce the risk of cardiovascular disease is a challenge in several fields. As for the first time ever the new European Guidelines on the Prevention of Cardiovascular Disease in clinical practice will be launched at EuroPrevent, the relevance of the meeting shall be widened to include cardiologists, family doctors, nurses, allied health professionals and voluntary bodies such as Heart Foundations, as well as health planners, local and international politicians, Departments of Health and Health executives.

Abstract Submission

The Online Services for abstract submission will be open in the beginning of August. In order to maintain the high standards of extreme quality and to reinforce the message that EuroPrevent is the international scientific event in prevention, we ask that you consider submitting an abstract for the congress. The deadline is **4 November 2011**, avoid the rush and submit your scientific findings:

www.escardio.org/EuroPrevent

New at EuroPrevent 2012! - Grand Rounds in Preventive Cardiology

In these, participants present interesting clinical case histories to illustrate particular points or dilemmas in preventive practice. It is suggested that the cases be presented by a junior member of a department and that the interactive discussion be led by a more senior colleague. Audience participation will be encouraged and facilitated. There will be a call for submissions. Up to three cases can be discussed per session.

Young Investigator Award sessions - Basic and Translational Science and Clinical Science

Original presentations in the field of cardiovascular prevention will be given orally in a lecture room by our Junior Investigators with two experts chairing each session. These sessions offer a unique opportunity for young investigators to submit their most innovative and novel research to the scrutiny of panels of renowned experts in the specific fields. The selected presenters will receive a certificate and complimentary registration. A panel of experts will judge the competition and select the two YIA winners onsite.

The winners from each category (two) will receive a €500 prize and the option to publish in the Association's journal: the European Journal of Cardiovascular Prevention and Rehabilitation.

EuroPrevent 2012 Poster Sessions – Your place to meet, exchange and learn

Meet colleagues, peers and researchers from all continents. All presented posters will be reviewed and discussed by senior scientists. A total of 4 poster sessions will be held from Thursday, 3 May to Saturday, 5 May. Get involved and submit your research!

CME Accreditation

EuroPrevent 2012 will be reviewed for accreditation by the European Board for Accreditation in Cardiology (EBAC) for external credits. The accreditation results will be announced via the EuroPrevent website and also in the final programme.



Scientific Programme

Thursday 03/05	Room 1	Room 2	Room 3	Room 4	
09:00 – 10:30	Master class Hypertension				ALL DAY POSTER SESSION 10:00 - 18:00 MODERATED 15:30 - 16:30
10:30 – 10:45	15 min break				
10:45 – 12:15	Master class Hypertension				
12:15 – 12:30	Break - poster viewing				
12:30 – 13:30	Industry supported educational sessions	Industry supported educational sessions	Industry supported educational sessions	Industry supported educational sessions	
13:30 – 14:00	Break - poster viewing				
14:00 – 15:30	Master Class Hypertension	Symposia 1 How telemedicine can overcome barriers in implementation of prevention and cardiac rehabilitation	Local session 1 Ireland day: Focus on CVD policy	Local Session 2 Nurses	
15:30 – 16:30	Healthy Break and Poster Session				
16:30 – 18:00	Master Class Hypertension	Symposia 2 Models to improve referral and adherence to cardiac rehabilitation in Europe	Local session 3 Ireland day	Local session 4 General Practitioners	
	15 minute break				
18:15 – 19:15	Opening ceremony followed by a cocktail in the Exhibition area				

Friday 04/05	Room 1	Room 2	Room 3	Room 4		
08:30 – 10:00	Symposia 3 JTF5: The new European Guidelines on CVD Prevention 2012	Symposia 4 Stroke – from basic knowledge to intervention programmes	Symposia 5 Results of the HeartQoL Project	How-to session 1 Guideline learning tool	POSTER 2	
				How to session 2 HeartScore 2: Integration of CVD Prevention guidelines into Clinical Software		
10:00 – 11:00	Healthy break and Poster Sessions 2					
11:00 . 12:30	Symposia 6 JTF5 JTF5: The new European Guidelines on CVD Prevention 2012	Symposia 7 ECG Interpretation in athletes	Symposia 8 New facts on the obesity challenge	How-to session 3 Using registries for clinical audit/research		
				How-to session 4 How to adequately identify, collect, appraise and summarise the evidence: the art of meta-analysis		
12:30 – 12:45	15 min break					
12:45 – 13:45	Industry supported educational sessions	Industry supported educational sessions	Industry supported educational sessions	Industry supported educational sessions		
13:45 – 14:00	15 min break					
14:00 – 15:30	Symposia 9 JTF5: Making it happen The implementation and translation of evidence regarding prevention and heart health promotion interventions	Symposia 10 Population level changes to promote healthy life style	Symposia 11 The role of different health professionals in prevention implementation	How-to session 5 Screening debate		POSTER 3
				How-to session 6 Stress relaxing techniques and the prevention of CVD		
15:30 – 16:30	Healthy break and Poster Session 3					
16:30 – 18:00	Symposia 12 Implementing prevention: Thinking outside the box.	Symposia 13 Sudden death in sports	Symposia 14 Innovative research on stress and CVD: exploring mechanisms	How-to session 7 Monitoring blood pressure reliably during exercise		
				How-to session 8 Evaluation of the elite athlete		

Scientific Programme

Saturday 05/05	Room 1	Room 2	Room 3	Room 4	
08:00 – 09:00	EACPR General Assembly	Oral abstract session	Oral abstract session		POSTER 4
09:00 – 09:15	15 min break				
09:15 – 10:00	New! Grand rounds - Case based Sessions	New! Grand rounds - Case based Sessions	New! Grand rounds - Case based Sessions	New! Grand rounds - Case based Sessions	
10:00 – 10:15	15 min break				
10:15 – 11:15	YIA clinical science	YIA basic and translational science	Oral abstract session	Oral abstract session	
11:15 – 11:30	15 min break				
11:30 – 12:30	Healthy break and Poster Ssession 4				
12:30 – 13:30	Fred Epstein Lecture				
13:30 – 13:45	15 min break				
13:45 – 14:15	Closing Ceremony & Awards				

Master Class in Preventive Cardiology - Hypertension

Thursday 3 May (09:00 -18:00): This interactive masterclass has been organised by the EACPR Education Committee and will focus on cutting-edge aspects of hypertension, including ambulatory BP measurement, new goals, advances in treatment, and stroke prevention and management.

This interactive hypertension course programme will give participants the opportunity to learn the latest information on:

- tips and tricks in the diagnosis of hypertension and its complications
- the role of 24-hour ambulatory, home-based or office BP monitoring for the diagnosis of hypertension
- evaluation of end-organ damage in patients with hypertension
- the goals, best drug strategy, and the management of difficult hypertensive cases
- the relation between hypertension and stroke
- the strategies to manage patients with acute stroke.

Learning Objectives - at the conclusion of this programme, participants should be able to:

- identify the diagnostic methods used for the hypertension
- describe the role of 24-hour ambulatory, home-based or office BP monitoring for the evaluation of hypertension
- discuss evidence-based opportunities to prevent and manage overweight and obesity among populations
- discuss the assessment of end-organ damage caused by hypertension
- discuss the mechanism of action, efficacy and side effects of strategies to prevent and treat patients with hypertension
- discuss the 2012 goals for hypertension
- discuss the management of patients with resistant hypertension
- demonstrate analytical approaches to understanding the management of patients with hypertension and stroke, in terms of prevention, acute treatment and post-stroke evaluation.





Registration

The standard registration fee entitles delegates to the following:

- Entry to all scientific sessions and exhibition
- Free healthy breaks in the Exhibition Area
- The Abstract CD-rom and the Final Programme
- A one year subscription to the European Journal of Cardiovascular Prevention & Rehabilitation

Delegate Fee The registration fees include 21.5% VAT.	Early Bird Until 6 February 2012	Advance Fee From 7 February until 2 April 2012	On Site From 2 May 2012
Standard	€ 520	€ 595	€ 695
EACPR Member	€ 420	€ 495	€ 595
Allied Health Professional*	€ 275	€ 275	€ 275
Local Resident** Thursday 3 May only	€ 100	€ 100	€ 100
Local Resident** Thursday 3 May to Saturday 5 May	€ 420	€ 420	€ 420
Day Tickets***			
Thursday 3 May	N/A	N/A	€ 250
Friday 4 May	N/A	N/A	€ 250
Saturday 5 May	N/A	N/A	€ 250

* Nurse, technicians and general practitioners: Please enclose a letter from your director verifying your status.

* Student: Please provide a copy of your student card.

** Local Resident: Please provide a copy of your passport or I.D. for proof of residency. This is for Irish attendees only.

Online registration via "My ESC" is available on our website: www.escardio.org/EuroPREvent

For further information, please contact the ESC Registration Department: europreventregistration@escardio.org

Payment of fees

Payment can be made in Euro by credit card, bank transfer or cheque.

Journal

Subscription to the European Journal of Cardiovascular Prevention & Rehabilitation is included in standard registration fees and EACPR Members.

General Practitioners, Allied Health Professionals and Nurses

Most practical CVD prevention is delivered by these groups. The organisers are using the launch of the new European Guidelines on CVD Prevention, including particularly practical aspects, makes EuroPREvent 2012 uniquely relevant to these professional groups, who will also benefit from a specially reduced registration fee.



EACPR Member Activities

Members Lounge

The EACPR Members' Lounge is an exclusive area that permits members to take a break, meet up with a colleague, check their mails or simply relax.

General Assembly

Saturday, 5 May from 08:00 – 09:00, learn more about your New Board! Executive Officers election results will be announced during the EACPR General Assembly.

City Information



To visit Ireland's capital city is to visit a place rich in history and culture and one which prides itself with a long tradition in music, theatre and literature. Home of The Book of Kells, birthplace of James Joyce and Nobel Prize winners Seamus Heaney, William Butler Yeats, George Bernard Shaw and Samuel Beckett and now a UNESCO City of Literature, Dublin is a truly inspirational city with a literary tradition dating back over a thousand years!

Literature

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Arts

For art lovers a visit to The National Gallery, home to one of Europe's premier collections, and the Irish Museum of Modern Art housed in the magnificent Royal Hospital building, are not to be missed and a great way to take in the city's and country's artistic heritage.

Theatre

Keeping the city's rich theatre tradition alive, The Grand Canal Theatre, which is right across from the CCD, is a great place to take in an authentic Irish stage performance. Classics from European and world theatre and new plays by established playwrights are also staged throughout the year.

Culture

Temple Bar, Dublin's Cultural Quarter is located on the south bank of the River Liffey and is home to more than 50 cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Music

A huge draw to Dublin for people is to experience real Irish traditional music, or as the locals call it; 'Trad'. You will be enchanted by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street performers entertain and enliven the streets.

Architecture

From her humble beginnings as a Viking trading port to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, neatly bordered by its two canals, Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 to 1830. Four King George's reigned in this period, hence the adaption of the name Georgian Dublin.

So Céad Míle Fáilte or a Hundred Thousand Welcomes!!!!

City Information and Initiatives



Slí na Sláinte

“My heart is quite calm now. I will go back.”

James Joyce
(A Portrait of the Artist as a Young Man)

Why not make the most of a break by taking a heart-healthy walk? Follow our Slí na Sláinte, meaning “Path to Health,” designated walking route at your leisure or join one of our walking leaders.

This innovative scheme developed by the Irish Heart Foundation, encourages people of all ages and abilities to walk for leisure and good health. Slí na Sláinte routes are located across Ireland and use attractive signage at kilometre intervals to help walkers identify the distance they walk.

Following the heart of Dublin – the Liffey – the Slí na Sláinte route will provide a superb opportunity to explore the area surrounding the Convention Centre and return invigorated to EuroPREvent 2012.

Possible sightseeing options

- | | | | |
|------|-----------------------------|------|-----------------------|
| ▪ 1 | Trinity College | ▪ 6 | Dublin Writers Museum |
| ▪ 2 | Kilmainham Gaol | ▪ 7 | Temple Bar |
| ▪ 3. | Dublin Castle | ▪ 8 | Grafton Street |
| ▪ 4 | St Patrick's Cathedral | ▪ 9 | Guinness Storehouse |
| ▪ 5 | National Gallery of Ireland | ▪ 10 | Dublin Zoo |

Pedal for your Heart

Bicycles will be stationed outside the Congress Centre for delegate use from **3 May to 5 May**.

EuroPREvent 2012 is taking one more step towards an even healthier event!



Get healthy with us!

The EACPR Congress Programme Committee and Dublin City Council, striving to emphasise the importance of healthy activities and lifestyle in the prevention of cardiovascular disease, are developing an activity which will take place in the park near the congress centre on Friday, 4 May.

Please consult the website for more information about City Initiatives and Healthy Activities.



EUROPEAN ASSOCIATION FOR CARDIOVASCULAR PREVENTION & REHABILITATION



Join our platform of more than 2,000 scientific experts in various subspecialties:

Cardiac Rehabilitation, Exercise, basic and translational research, Prevention, epidemiology and population science and Sports cardiology

JOIN US NOW!

Membership benefits include:

- Special fees for EuroPrevent congress registration and journal subscription (EJCPR)
- Lifestyle & CVD Literature and quarterly E-Newsletters
- Access to all ESC membership benefits

www.escardio.org/EACPR



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SOCIETY OF
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