New Joint Guidelines on CVD prevention

Dublin, Ireland
3-5 May 2012

2nd ANNOUNCEMENT

www.escardio.org/EuroPRevent

- No use of tobacco
- Adequate physical activity
- Healthy eating habits
- Not overweight
- Low Blood pressure
- Low Blood cholesterol
- Normal glucose metabolism
- Avoidance of excessive stress
Welcome to EuroPRevent 2012, the premier international forum for Preventive Cardiology! The congress will be hosted in Europe’s newest Convention Centre, beside the river in central Dublin.

Diseases of the heart and circulation are the biggest global causes of death and disability even though they are preventable. Building on the success of the 2011 meeting in Geneva, EuroPRevent 2012 promises to make the newest advances in preventive cardiology accessible to all.

Next year’s meeting will be unique. For the first time, the new 2012 European Guidelines on the Prevention of Cardiovascular Disease in Clinical practice will be launched at EuroPRevent, together with dedicated educational and implementation programmes. This will widen the relevance of the meeting to include cardiologists, family doctors, nurses, allied health professionals and voluntary bodies such as Heart Foundations, as well as health planners, local and international politicians, Departments of Health and Health executives.

The theme follows the cycle of the scientific evidence base that increases knowledge and informs guidelines through the Guidelines themselves to implementation strategies and audit.

The meeting will encompass basic science, research methods, epidemiology (how studies of groups and populations can inform preventive strategies), rehabilitation, lifestyle, sports medicine, health policy, education and implementation strategies at individual, local, national and international level.

EuroPRevent 2012 will bring the finest international health experts together to present their research and translate it into usable knowledge for health care workers, researchers, planners and policy makers.

Join us in Dublin! Oh, and don’t forget that the Convention Centre is within walking distance of Trinity College, Dublin Castle, museums, art galleries, and other local attractions with the mountains and sea close by.

Pantaleo Giannuzzi, President of the European Association for Cardiovascular Prevention and Rehabilitation (EACPR)
Volker Adams, Chairperson, EuroPRevent Congress Programme Committee
Ian Graham, Co-Chair of the Congress Programme Committee and Local Organiser

Committee Members

Congress Programme Committee
Volker Adams
Chairperson
Ian Graham
Co-Chairperson and Local Host
Birna Bjarnason-Wehrens
Cardiac Rehabilitation
Julian Halcox, Nikos Geladas
Exercise, Basic & Translational Research
Eva Prescott, Pedros Marques-Vidal
Prevention, Epidemiology & Population Science
Sanjay Sharma
Sports Cardiology

EACPR Executive Board
Pantaleo Giannuzzi
President
Stephan Gielen
President – Elect
Dan Gaita
Treasurer
Luc Vanhees
Secretary
David Wood
Past-President
City Information

To visit Ireland's capital city is to visit a place rich in history and culture and one which prides itself with a long tradition in music, theatre and literature. Home of The Book of Kells, birthplace of James Joyce and Nobel Prize winners Seamus Heaney, William Butler Yeats, George Bernard Shaw and Samuel Beckett and now the WCCO City of Literature, Dublin is a truly inspirational city with a literary tradition dating back over a thousand years.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.

Dublin's distinctive style of architecture is a style developed between 1714 and 1788. It is renowned for its two canals, Dublin is a city that will capture your heart.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 and 1788.
### Scientific Programme & Learning Objectives

In May more than 4,500 will be held over 3 days in the following 8 track design:

- **Research**: Basic and translational research underpins the evidence base for the production of Guidelines. This will run throughout the conference in sessions on basic and translational science, clinical and public health, and in oral and poster presentations, and in symposia. On the opening day, Joint European Guidelines on the Prevention of Cardiovascular Disease in clinical practice.

- **Guidelines**: The new Guidelines will be the subject of several debates on their development, and practical advice with regard to clinical implications for prevention and clinical rehabilitation.

- **Implementation**: Guidelines are used in every country to identify patients with cardiovascular disease and to determine prevention strategies. This will be dealt with in a multiplicity way through presentations of the ESC/European implementation strategy, the launch of a new Prevention Tool, an interactive online Guideline, the HeartScore tool to facilitate risk assessment and evidence on the social and political aspects of implementation.

- **Audit**: Audit forms an integral part of our prevention strategies. There is a growing body of audit methods which will be presented and discussed with audit experts from around Europe and the new Evidence tool will be made available.

The Programme will be designed to allow maximum interaction between participants and faculty. The following themes should stimulate discussion with the audience and further improve the communication between scientists, clinicians, general practitioners and nurses.

- The symposia will include:
  - State of the art reviews by the world leading experts
  - Discussion of scientific developments in the various fields of science, epidemiology and prevention and cardiology
  - Joint Sessions with our partner committed to cardiological prevention
  - Sessions geared towards practical management of cardiovascular disease in daily situations by experts in their field
  - Merits and limits to treatment

- **Young Investigator Session - Basic and Translational Science and Clinical Science**

- **Absence of Clinical Scientific Contribution**

- **Pre-Congress Course: Master Class in Preventive Cardiology - Hypertension**

- **Fred Epstein Lecture**

### Local Sessions

The development and implementation of preventive measures to reduce the risk of cardiovascular disease is a challenge in several fields. For the first time the new European Guidelines on the Prevention of Cardiovascular Disease in clinical practice will be presented at EuroPRevent, the meeting of the rheost will enable to include cardiologists, family doctors, nurses, allied health professionals and voluntary bodies such as Heart Foundations, as well as health planners, local and international politicians, Departments of health and executives.

### Abstract Submission

The Online Services for abstract submission will be open in the beginning of August. In order to maintain the high standards of the Congress, all participants will be encouraged to submit their abstracts in time. There will be a call for abstracts. Up to three cases can be accepted per session.

### Young Investigator Award sessions - Basic and Translational Science and Clinical Science

Original presentations in the field of cardiovascular prevention will be given orally in a lecture room by our Junior Investigators with two chairs each session. Each session offers a unique opportunity for young investigators to submit their most innovative and novel research to the scrutiny of panels of renowned experts in the specific fields. The selected presentations will receive certificates and complimentary registration. A panel of experts will judge the competition and select the top 10 winning entries. The winners then each category will be invited to submit a full manuscript and the option to publish in the associated journal. European Journal of Preventive Cardiology.

### EuroPRevent 2012 Foster Sessions – Your place to meet, exchange and learn

Meet colleagues, peers and researchers from all continents. All presented papers will be reviewed and discussed by senior scientists. A total of 4 poster sessions will be held from Thursday 3 May to Saturday 5 May. Get involved and submit your paper.

### CME Accreditation

EuroPRevent 2012 will be reviewed for accreditation by the European Board for Accreditation in Cardiology (EBAC) for external credits. The accreditation results will be announced via the EuroPRevent website and also in the final programmes.

### Scientific Programme

#### Thursday 03/05

<table>
<thead>
<tr>
<th>Session</th>
<th>09:00 – 10:00</th>
<th>10:30 – 11:30</th>
<th>14:00 – 15:00</th>
<th>16:00 – 18:00</th>
</tr>
</thead>
<tbody>
<tr>
<td>Room 1</td>
<td>Master class Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
</tr>
<tr>
<td>Room 2</td>
<td>Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
</tr>
<tr>
<td>Room 3</td>
<td>Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
</tr>
<tr>
<td>Room 4</td>
<td>Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
<td>Hypertension</td>
</tr>
</tbody>
</table>

**Room 1**
- **Master class Hypertension**
  - YIA clinical science
  - EACPR General
  - Break - poster viewing
  - Symposium 1
  - Break - poster viewing
  - Healthy break and Poster Session 3

**Room 2**
- **15 min break**
- **Symposium 1**
- **Healthy break and Poster Session 3**

**Room 3**
- **15 min break**
- **Symposium 2**
- **15 min break**
- **Symposium 3**
- **15 min break**
- **Symposium 4**

**Room 4**
- **Opening ceremony**
- **Healthy Break and Poster Session 4**
Scientific Programme & Learning Objectives

In May more than 40 sessions will be held over 5 days in the following 8 tracks design:

- **Research**: Basic and translational research underpins the evidence base for the production of Guidelines. This will run throughout the conference on topics on basic and translational science, and review papers and presentations. It may also appear on the new, Joint European Guidelines on the Prevention of Cardiovascular Disease in clinical practice.
- **Guidelines**: The new Guidelines will be the subject of several days of presentation and discussion, usually in plenary and smaller development and practical advice with regard to clinical implementations for prevention and cardiac rehabilitation.
- **Implementation**: Guidelines are one of the cornerstones of a successful control strategy. The new Guidelines will be dealt with in a multiplicity of ways through presentations of the EACPR implementation strategy, the launch of new Prevention Tool, an interactive online Guidelines, the HeartScore 2 interactive tool used, and lessons on the social and political aspects of implementation.
- **Audit**: Audit informs us as regards to the effectiveness of our prevention strategies. There will be given to benchmarking and audit specific to EuroPRevent and the new European heart Score. Quality assurance projects such as HeartQol will be presented.

The Programme will be designed to allow maximum interaction between participants and faculty. The following should facilitate discussion with the audience and further improve the communication between scientists, clinicians, general practitioners and nurses.

- The programme will include:
  - State of the art reviews by the world leading experts.
  - Discussion of recent developments in the various fields of science, epidemiology and prevention cardiology.
  - Joint Sessions with our partner committees concerned cardiovascular prevention.
  - Sessions geared towards practical management of cardiovascular disease in daily situations by experts in their field.
  - Interactive sessions in various sessions.
  - Young Investigator Session - Basic and Translational Science and Clinical Science.
  - Award of Clinical Scientific Contribution.
  - The Congress: Master class in Preventive Cardiology - Hypertension.
  - Posters: Learning Lab.

**Local Sessions**

The development and implementation of preventive measures to reduce the risk of cardiovascular disease is a challenge in several fields. For the first time the new European Guidelines on the Prevention of Cardiovascular Disease in clinical practice will be available during the congress. The relevance of the meeting shall be widened to include cardiologists, family doctors, nurses, allied health professionals and voluntary bodies such as Heart Foundations, as well as health planners, local and international politicians, Departments of health and health executives.

**Abstract Submission**

The Online Service for abstract submission will be open from the beginning of August. In order to maintain the high standards of sole quality and to transmit the message that EuroPRevent is a top international scientific event, we ask you to consider submitting an abstract for the congress. The deadline is 4 November, 2012, and the abstract should include scientific findings. www.scientific-europe.com/Congress.

**New at EuroPRevent 2012**: Grand Rounds in Preventive Cardiology

In these, participants present interesting clinical case histories or dilemmas in preventive practice. It is expected that the cases be presented by a junior member of a department and the discussion/feedback be led by a more senior colleague. Audience participation will be encouraged and facilitated. There will be a call for submissions. Up to three cases can be presented.

**Young Investigator Award sessions**: Basic and Translational Science and Clinical Science

Original presentations in the field of cardiovascular prevention will be given orally in a lecture room by our Junior Investigators with two chairs sharing each session. These sessions offer a unique opportunity for young investigators to submit their most innovative and novel research to the society of panels of renowned experts in the specific fields. The selected presentations will receive a certificate and complimentary registration. A panel of experts will judge the competition and select two 15 minutes oral presentations. The winners from each category will be invited to participate in the poster session. The programme will have the opportunity to learn about the latest scientific information on cardiovascular prevention. The congress will also provide a unique opportunity for scientists to interact with experts in the field and to network with scientists from around the world.

**EuroPRevent 2012 Foster Sessions** – Your place to meet, exchange and learn

Meet colleagues, peers and network from all continents. All presented posters will be reviewed and discussed by senior scientists. A total of 4 poster sessions will be held Thursday 3 May- Saturday 5 May. Get involved and submit your poster.

**CME Accreditation**

EuroPRevent 2012 will be reviewed for accreditation by the European Board for Accreditation in Cardiology (EBAC) for external credits. The accreditation results will be announced via the EuroPRevent website and also in the final programme.

---

**Scientific Programme**

**Thursday 03/05**

<table>
<thead>
<tr>
<th>Time</th>
<th>Day 1</th>
<th>Day 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>09:00 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>10:45 – 12:15</td>
<td>Healthy break and Poster Session 1</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Break - power resting</td>
<td>Break - power resting</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
<tr>
<td>15:30 – 16:30</td>
<td>Poster Abstracts 1</td>
<td>Industry supported sessions</td>
</tr>
</tbody>
</table>

**Friday 04/05**

<table>
<thead>
<tr>
<th>Time</th>
<th>Day 1</th>
<th>Day 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00 – 10:00</td>
<td>Session on CVD Prevention 2012</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>08:30 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>10:45 – 12:15</td>
<td>Healthy break and Poster Session 2</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Break - power resting</td>
<td>Break - power resting</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
</tbody>
</table>

**Saturday 05/05**

<table>
<thead>
<tr>
<th>Time</th>
<th>Day 1</th>
<th>Day 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>08:00 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>09:00 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>10:45 – 12:15</td>
<td>Healthy break and Poster Session 3</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Break - power resting</td>
<td>Break - power resting</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
</tbody>
</table>

**Sunday 06/05**

<table>
<thead>
<tr>
<th>Time</th>
<th>Day 1</th>
<th>Day 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>08:00 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>09:00 – 10:00</td>
<td>Master Class Hypertension</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>10:45 – 12:15</td>
<td>Healthy break and Poster Session 4</td>
<td>Master Class Hypertension</td>
</tr>
<tr>
<td>12:30 – 13:30</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Break - power resting</td>
<td>Break - power resting</td>
</tr>
<tr>
<td>14:00 – 15:00</td>
<td>Industry supported sessions</td>
<td>Industry supported sessions</td>
</tr>
</tbody>
</table>
Scientific Programme & Learning Objectives

In total there are 46 sessions to be held over 3 days in the following four track design:

- **Research**: Basic and translational research underpins the evidence base for the production of Guidelines. This will run throughout the conference on a variety of basic and translational science and its relevance to clinical practice.
- **Implementation**: Implementation is one of the pillars of the new Joint European Guidelines on the Prevention of Cardiovascular Disease in clinical practice.
- **Closing Ceremonies**: The closing ceremonies will be the subject of several important announcements and will include development and practical advice with regard to clinical implementation for prevention and control of hypertension.
- **Audits**: Audits are an essential feature of any hypertension prevention strategy. The aim will be to deliver in a multiplicity way through presentations of the EACPR implementation strategy, the launch of new Prevention Toolkit, an interactive online Guidance Learning Tool, the identification of interactivity and assessment tools, and access to the social and political aspects of implementation.

The Scientific Programme will be designed to allow maximum interaction between participants and faculty. The following themes should stimulate discussion with the audience and further improve the communication between scientists, clinicians, general practitioners, and nurses.

- The programmes will include:
  - State of the art reviews by the world leading experts
  - Discussion of health developments in the various fields of science, epidemiology and prevention cardiology
  - Joint Sessions will set the platform committed to cardiovascular prevention
  - Sessions geared towards practical management of cardiovascular disease in daily situations by experts in their field
  - Young Investigators' Sessions - Basic and Translational Science and Clinical Science
  - Abstracts of Clinical Scientific Contributions
  - The European Society of Hypertension Society Lectures

Local Sessions

The development and implementation of preventive measures to reduce the risk of cardiovascular disease is a challenge in several fields. For the first time the new European Guidelines on the Prevention of Cardiovascular Disease (circulation width) will be presented at EuroPRevent, the theme of the meeting will be dedicated to include cardiology, family doctors, nurses, allied health professionals and voluntary bodies such as Heart Foundation, as well as health planners, local and international politicians, Departments of health and health executives.

Abstract Submission

The Online Services for abstract submission will be open in the beginning of August. In order to maintain the high standards of extreme quality and to reinforce the message that EuroPRevent is the international scientific event in prevention, we ask that you consider submitting an abstract for the conference. The deadline is 4 November 2013, avoid the rush and submit your scientific findings: www.euro-prevent.org/Abstract/submit.

New at EuroPRevent 2013: Grand Rounds in Preventive Cardiology

In these nurse-led, patient-centered, discussion-based courses, the role of particular points or domains in preventive practice will be discussed. It is suggested that these courses be presented by a junior member of a department and the interactive discussion be led by a more senior colleague. Audience participation will be encouraged and facilitated. There will be a call for submissions. Up to three topics can be discussed per session.

Young Investigator Award sessions: Basic and Translational Science and Clinical Science

Original presentations in the field of cardiovascular prevention will be given orally in a lecture room by our Junior Investigators with two chairs chairs each session. These sessions offer a unique opportunity for young investigators to submit their most innovative and novel research to the scrutiny of panels of renowned experts in the specific fields. The selected presentations will receive a certificate and complimentary registration. A panel of experts will judge the competition and select the two YIA winners onsite.

The winners from each category (two) will receive a €500 prize and the option to publish in the Association's journal: the European Journal of Preventive Cardiology. The accreditation results will be announced via the EuroPRevent website and also in the final scientific programme.

Scientific Programme

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Session</th>
<th>Room</th>
<th>Room 2</th>
</tr>
</thead>
</table>
| Thursday  | 08:00 – 10:00 | Scientific Programme:
|           |               | A.Academic Program: Scientific Program Session 4                        |        |          |
|           |               | B. Industry supported educational sessions                               |        |          |
|           |               | C. Industry supported educational sessions                               |        |          |
|           |               | D. Educational sessions                                                  |        |          |
|           | 10:00 – 12:15 | Master Class Hypertension                                                |        |          |
|           |               | E. Industry supported educational sessions                               |        |          |
|           | 12:30 – 12:45 | Healthy Break & Poster Session 4                                         |        |          |
|           |               | F. Educational sessions                                                  |        |          |
|           | 13:15 – 13:30 | Scientific Programme:                                                     |        |          |
|           |               | A. Academic Program: Scientific Program Session 5                        |        |          |
|           |               | B. Industry supported educational sessions                               |        |          |
|           |               | C. Industry supported educational sessions                               |        |          |
|           |               | D. Educational sessions                                                  |        |          |
|           | 14:00 – 15:00 | Scientific Programme:                                                     |        |          |
|           |               | A. Academic Program: Scientific Program Session 6                        |        |          |
|           |               | B. Industry supported educational sessions                               |        |          |
|           |               | C. Industry supported educational sessions                               |        |          |
|           |               | D. Educational sessions                                                  |        |          |
|           | 15:30 – 16:30 | Scientific Programme:                                                     |        |          |
|           |               | A. Academic Program: Scientific Program Session 7                        |        |          |
|           |               | B. Industry supported educational sessions                               |        |          |
|           |               | C. Industry supported educational sessions                               |        |          |
|           |               | D. Educational sessions                                                  |        |          |
|           | 16:30 – 18:00 | Scientific Programme:                                                     |        |          |
|           |               | A. Academic Program: Scientific Program Session 8                        |        |          |
|           |               | B. Industry supported educational sessions                               |        |          |
|           |               | C. Industry supported educational sessions                               |        |          |
|           |               | D. Educational sessions                                                  |        |          |

Scientific Programme

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Session</th>
<th>Room</th>
<th>Room 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Saturday</td>
<td>08:00 – 10:00</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 1</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:15 – 11:00</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:30 – 12:30</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 3</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>13:00 – 14:30</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 4</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>14:45 – 15:45</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 5</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Scientific Programme

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Session</th>
<th>Room</th>
<th>Room 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday</td>
<td>08:00 – 10:00</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 1</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>10:15 – 11:00</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 2</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>11:30 – 12:30</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 3</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>13:00 – 14:30</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 4</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>14:45 – 15:45</td>
<td>Scientific Programme:</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>A. Academic Program: Scientific Program Session 5</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>B. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>C. Industry supported educational sessions</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>D. Educational sessions</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
City Information

To visit Ireland's capital city is to visit a place rich in history and culture and one which prides itself with a long tradition in music, theatre and literature. Home of The Book of Kells, birthplace of James Joyce and Nobel Prize winners Seamus Heaney, William Butler Yates, George Bernard Shaw and Samuel Beckett and now UNESCO City of Literature, Dublin is a truly inspirational city with a literary tradition dating back over a thousand years.

Dublin's literary tradition is an integral part of Dublin's history. A visit to the Dublin Writers' Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Arts
Keeping the city's rich theatre tradition alive, The Grand Canal Theatre, which is right across from the CCD, is a great place to take in an authentic Irish stage performance. Classics from European and world theatre and new plays by established playwrights are also staged throughout the year.

Culture
Temple Bar, Dublin's Cultural Quarter is located on the south bank of the River Liffey and is home to more than 50 cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Music
A huge draw for Dublin for people is to experience real Irish traditional music, or as the locals call it: 'Trad'. You will be enchanted by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading post to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, as it is today.

Cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Dublin is enchanting by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street entertainers entertain and enliven the streets.
To visit Ireland's capital city is to visit a place rich in history and culture and one which prides itself with a long tradition in music, theatre and literature. Home of The Book of Kells, birthplace of James Joyce and Nobel Prize winners Seamus Heaney, William Butler Yeats, George Bernard Shaw and Samuel Beckett, and home in 1959 of City of Literature, Dublin is a truly inspirational city with a literary tradition dating back over a thousand years.

Dublin's literary tradition is an integral part of Dublin's culture. A visit to the Dublin Writers Museum will give you an insight into the immense literary tradition of the capital and introduce you to some of Dublin's literary geniuses of past and current times.

Arts
For art lovers a visit to The National Gallery, home to one of Europe's premier collections, and the Irish Museum of Modern Art housed in the magnificent Royal Hospital building, are not to be missed and a great way to take in the city and country's artistic heritage.

Theatre
Keeping the city's rich theatre tradition alive, The Grand Canal Theatre, which is right across from the CCD, is a great place to take in a authentic Irish stage performance. Classics from European and world theatre and new plays by established playwrights are also staged throughout the year.

Culture
Temple Bar, Dublin's Cultural Quarter is located on the south bank of the River Liffey and is home to more than 50 cultural organisations offering you an opportunity to experience contemporary arts in some of the most spectacular and innovative cultural venues in the city.

Music
A huge draw to Dublin for people is its amazing live Irish traditional music, or as the locals call it 'Trad'. You will be enchanted by the diverse musical sounds as you stroll through Temple Bar and Grafton Street as buskers and street performers entertain and enliven the streets.

Architecture
From her humble beginnings as a Viking trading port to a walled medieval city and then, in a glorious century of expansion, to an elegant Georgian metropolis with wide streets, gracious squares and great houses, Dublin is a city that will capture your heart. In the 18th century the city acquired this beautiful and distinctive style of architecture. Dublin Georgian architecture is so called as this was a style developed between 1714 to 1830. Four King George’s reigned in this period, hence the adaption of the name Georgian Dublin.

So Clad Mill Fáilte or a Hundred Thousand Welcomes!!!!

City Information

General Information

Airports

DUBLIN: 60km
Belfast: 127km
Manchester: 159km
London: 261km
Manchester: 235km
Paris: 649km
Amsterdam: 557km
Berlin: 804km
Rome: 1459km

Due to Dublin's location, the airport is easily accessible for all visitors - whether you are travelling from within Ireland, the UK, mainland Europe, or indeed from anywhere in the world.

Professional Services

Dublin's reputation as a financial hub is broad and deep and provides services to people with disabilities.

Notes

The official language is English. All lectures and presentations will be held in English. No translation is available.

Dublin Bus

Dublin Bus offers a high frequency, accessible and easy to use service from Dublin City Centre and the surrounding area. These services include the Red Line (tram) runs directly behind The CCD, the DART (Dublin Area Rapid Transit) and the LUAS (light rail) system. Dublin Bus also operates city tours and is obliged to provide services to people with disabilities.

Dublin City Bus

Dublin City Bus offers a high frequency, accessible and easy to use service from Dublin City Centre and the surrounding area. These services include the Red Line (tram) runs directly behind The CCD, the DART (Dublin Area Rapid Transit) and the LUAS (light rail) system. Dublin Bus also operates city tours and is obliged to provide services to people with disabilities.

Public Transportation

Dublin Bus

Dublin Bus offers a high frequency, accessible and easy to use service from Dublin City Centre and the surrounding area. These services include the Red Line (tram) runs directly behind The CCD, the DART (Dublin Area Rapid Transit) and the LUAS (light rail) system. Dublin Bus also operates city tours and is obliged to provide services to people with disabilities.

Opening Hours and Schedule

Language

The official language is English. All lectures and presentations will be held in English. No translation is available.

Dublin Bus

Dublin Bus offers a high frequency, accessible and easy to use service from Dublin City Centre and the surrounding area. These services include the Red Line (tram) runs directly behind The CCD, the DART (Dublin Area Rapid Transit) and the LUAS (light rail) system. Dublin Bus also operates city tours and is obliged to provide services to people with disabilities.

Dublin City Bus

Dublin City Bus offers a high frequency, accessible and easy to use service from Dublin City Centre and the surrounding area. These services include the Red Line (tram) runs directly behind The CCD, the DART (Dublin Area Rapid Transit) and the LUAS (light rail) system. Dublin Bus also operates city tours and is obliged to provide services to people with disabilities.

Opening Hours and Schedule

Language

The official language is English. All lectures and presentations will be held in English. No translation is available.
**City Information and Initiatives**

---

**Sli na Sláinte**

“My heart is quite calm now. I will go back.”

*James Joyce (A Portrait of the Artist as a Young Man)*

Why not make the most of a break by taking a heart-healthy walk? Follow our Sli na Sláinte, meaning “Path to Health,” designated walking route at your leisure or join one of our walking leaders.

This innovative scheme developed by the Irish Heart Foundation, encourages people of all ages and abilities to walk for leisure and good health. Sli na Sláinte routes are located across Ireland and use attractive signage at kilometre intervals to help walkers identify the distance they walk.

Following the heart of Dublin – the Liffey – the Sli na Sláinte route will provide a superb opportunity to explore the area surrounding the Convention Centre and return invigorated to EuroPrevent 2012.

**Possible sightseeing options**

- 1 Trinity College
- 2 Kilmainham Gaol
- 3. Dublin Castle
- 4 St Patrick’s Cathedral
- 5 National Gallery of Ireland
- 6 Dublin Writers Museum
- 7 Temple Bar
- 8 Grafton Street
- 9 Guinness Storehouse
- 10 Dublin Zoo

---

**Pedal for your Heart**

Bicycles will be stationed outside the Congress Centre for delegate use from **3 May to 5 May**.

EuroPrevent 2012 is taking one more step towards an even healthier event!

---

**Get healthy with us!**

The EACPR Congress Programme Committee and Dublin City Council, striving to emphasise the importance of healthy activities and lifestyle in the prevention of cardiovascular disease, are developing an activity which will take place in the park near the congress centre on Friday, 4 May.

Please consult the website for more information about City Initiatives and Healthy Activities.
Join our platform of more than 2,000 scientific experts in various subspecialties:
Cardiac Rehabilitation, Exercise, basic and translational research, Prevention, epidemiology and population science and Sports cardiology

Membership benefits include:
- Special fees for EuroPRevent congress registration and journal subscription (EJCPR)
- Lifestyle & CVD Literature and quarterly E-Newsletters
- Access to all ESC membership benefits

www.escardio.org/EACPR