

# EuroPrevent 2011

The European Meeting Place for Science in Preventive Cardiology

## FROM KNOWLEDGE TO PRACTICE

### Evaluation Report



GENEVA, SWITZERLAND - 14-16 APRIL 2011

[www.escardio.org/EuroPrevent](http://www.escardio.org/EuroPrevent)

▪ No use of tobacco ▪ Adequate physical activity ▪ Healthy eating habits ▪ Not overweight ▪ Low Blood pressure ▪ Low Blood cholesterol ▪ Normal glucose metabolism ▪ Avoidance of excessive stress



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# I. INTRODUCTION – GENERAL INFORMATION

The European Association for Cardiovascular Prevention and Rehabilitation (EACPR) was officially launched in 2004 and aims to be a coordinating body within the ESC for all activities in the field of preventive cardiology and rehabilitation. The association is a professional organisation of specialists in the fields of Epidemiology, Public Health, Prevention, Health Policy, Rehabilitation, Exercise Physiology and Basic Research within the framework of the European Society of Cardiology. Our mission is to promote excellence in research, practice, education and policy in cardiovascular prevention and rehabilitation in Europe. EuroPREvent 2011 was the 6<sup>th</sup> annual congress of the European Association for Cardiovascular Prevention and Rehabilitation.

## A. Past Congresses organised by the Congress Division

EuroPREvent 2008	EuroPREvent 2009	EuroPREvent 2010
1 - 3 May, 2008	6 - 9 May, 2009	5 - 7 May, 2010
Paris, France	Stockholm, Sweden	Prague, Czech Republic

## B. EuroPREvent 2011 Committee Members

### Congress Programme Committee

Volker Adams, Chairperson

Hugo Saner, Co-Chair of the Congress Programme Committee and Local Organiser

### EACPR Scientific Committee

Cardiac Rehabilitation: Birna Bjarnason-Wehrens

Exercise, Basic & Translational Research: Julian Halcox, Nikos Geladas

Prevention, Epidemiology & Population Science: Eva Prescott, Pedros Marques-Vidal

Sports Cardiology: Sanjay Sharma

### EACPR Board Members

Pantaleo Giannuzzi, President

Stephan Gielen, President - Elect

Dan Gaita, Treasurer

## C. EuroPREvent 2011 ESC Heart House Team

Camille Pfaff - Association Executive Officer  
– EACPR

Britta Reuter - Association Administrator -  
EACPR

Chelsea Thomas – Project Management

Valerie Thiollet – Congress Management

Abir Ghorab– Exhibition Coordinator

Florence Sewing– Scientific Programme

Christine Gouillard – Scientific Programme

Linda Olivereau–New Registration

Damian Basto– Registration Coordinator

Alexandre Meyrieux – Hotel & Social events

Marc Allonneau– Audiovisual Management

Vincent Naert– IT Management

Grant Robertson – EACPR / ESC stand  
management

Aurelia Bregeras – EACPR / ESC stand  
management

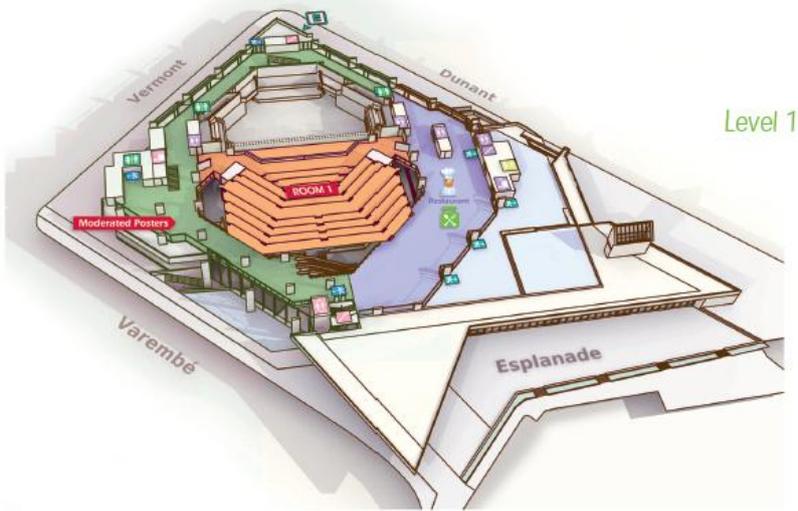
## D. Congress Dates & Venue

EuroPREvent 2011 was held from 14 – 16 April 2011 at:  
Centre International de Conférence de Genève (CICG)  
17 rue de Varembe  
Geneva, Switzerland



# II. INFRASTRUCTURE

## A. Venue



Level 1



Level 0



Level -1

Space used	Lecture Rooms 1, 2, 3 & 4
	Speaker Service Centre, Registration and ESC Office
	Hall for Posters, Healthy Breaks and Exhibition
	EACPR meeting rooms
	Esplanade (exterior) for Prevention Bus and Bikes

### III. SCIENTIFIC

EuroPREvent is the main scientific meeting place in Europe for all who are engaged in the prevention of cardiovascular diseases such as heart attacks and stroke. Scientists, physicians and other health workers as well as leading politicians from all over Europe will gather and discuss the latest scientific developments and determine the future course of prevention. Over 2.5 days, and in 4 lecture rooms, over 193 scientific presentations were given by speakers. These presentations were, most of the time, PowerPoint electronic files.

#### A. Schedule at a Glance

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	
	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30		
Thurs 14/04	Registration													
	Speaker Service Centre													
	Exhibition													
		Master Class Course						Scientific Sessions		Break	Scientific Sessions		Opening Ceremony & Cocktail	
Fri 15/04	Registration													
	Speaker Service Centre													
	Exhibition													
	Fun Run & Fun Walk	Scientific Sessions	Healthy Break	Scientific Sessions			Scientific Sessions		Healthy Break	Scientific Sessions		Meet the Experts		
Sat 16/04	Registration													
	Speaker Service Centre													
	Exhibition													
		Scientific Sessions	Healthy Break	Scientific Sessions			Scientific Sessions		Healthy Break	Scientific Sessions & GA (16:00 - 17:00)		Closing		
	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	
	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30		

#### B. General Information

- 2.5 days
- 4 Lecture rooms (Room 1: 972 seats, Room 2: 550 seats, Room 3: 128 seats and Room 4: 128 seats)

##### Pre-arrange programme:

- 44 Pre-arranged sessions including:
  - 25 Symposia
  - 6 How-To Session
  - 4 Meet the experts
  - 3 Teaching Course
  - 3 Special sessions
  - 1 Main session
  - 2 Special events – The opening and closing ceremony
- 132 Invited Speakers (for 165 presentations)
- 110 Chairpersons for 63 sessions
- 195 Faculty members

- Last minute cancellations:
  - 2 Chairpersons - replaced
  - 2 speakers

**Abstract-based programme:**

- 4 Oral abstract sessions – (16 Abstracts)
- 2 Young Investigator Award sessions (12 Abstracts)
- 4 Moderated Poster Sessions – (32 Abstracts)
- 4 Poster sessions – (360 Abstracts)
- Abstracts No shows : 14 Posters
- Abstracts Withdrawn - Total 28
  - 27 Posters
  - 1 Moderated Posters

**Industry sessions:**

2 Satellite symposia and a Workshop on 15 April and 1 Satellite Symposium on 16 April

Prevention of cardiovascular diseases, exercise and transportation	BMW
Targeting heart rate to prevent cardiovascular events: new opportunities with ivabradine	SERVIER
What is SHAPE? Why do we need to SHAPE up primary prevention?	Panasonic
Reducing the burden of cardiovascular disease – The need for improving risk intervention	AstraZeneca

## C. EACPR Moderated Poster Prizes

The best moderated posters per EACPR sections were selected onsite during the Moderated poster sessions. The 4 winning posters were announced during the closing ceremony and each presenter have received a certificate and 100 €.

**Moderated Poster Rehabilitation and implementation:**

Rehabilitation of patients with severe heart failure and pulmonary hypertension

E.A Kolesnikova

**Moderated Poster Sports Cardiology**

Athlete's heart and ethnicity: comparisons between Japanese, African-Caribbean and Caucasian professional soccer players

F Carre

**Moderated Poster Prevention and epidemiology**

Disturbed adiponectin AMPK system in skeletal muscle of metabolic syndrome patients

A.M. Van Berendoncks

**Moderated Poster Basic and translational science**

Leukocyte-endothelial interaction is altered in coronary artery disease and type 2 diabetes: role of kinin signalling

N. Kraenkel

## D. Special Lectures



### Honorary Lecturer – Salim Yusef

INVESTIGATING transformative ideas using simple approaches on a grand scale has been the defining theme of the career of Salim Yusuf, who will speak today about his personal views on CVD prevention

### Master Class

Sessions held on **Thursday 14 April 2011** from **08:30 to 13:30** in room 2 and chaired by Lars Rydén, Eberhard Standl and Dan Gaita.

The topics covered:

- Epidemiology and diagnosis of DM and CV risk
- Multi-factorial management to reduce cardiovascular risk in patients with diabetes
- Specific treatment of coronary artery disease manifestations in patients with diabetes.

### Course objectives:

The aim was to present a practical approach to the management of patients with glucose perturbations and cardiovascular disease based on available practice guidelines and important recently derived knowledge.

The course was suited for specialists and residents in cardiology, diabetology, general practice who frequently must address problems related to the patient population in focus. Specific teaching aims are to:

- inform on the epidemiology of diabetes and cardiovascular disease
- instruct on proper tools for classification and screening of diabetes and prediabetes
- review present possibilities to treat hyperglycemia
- inform on treatment to reduce cardiovascular risk in patients with diabetes and dysglycemia
- discuss state of the art in managing cardiovascular disease in patients with diabetes
- address some special conditions such as acute coronary syndromes, renal disease and coronary revascularisation in the diabetic patient
- use interactive case presentations to exemplify the contents of the programme

### Regional Sessions – Lecture Rooms 1 - 4

The development and implementation of preventive measures to reduce the risk of cardiovascular disease is a challenge in several fields. Due to the proximity to the European Headquarters of the World Health Organisation (WHO), the World Heart Federation (WHF), the United European Football Association (UEFA), and the International Olympic Committee (IOC), sessions focused on the activities that these organisations are actively pursuing, including measures to prevent sudden cardiac death in adult and child athletes.

### Opening Ceremony – Room 1, 18:00 – 19:30

- Welcome from Hugo Saner & Pantaleo Giannuzzi
- Welcome from ESC President – Michel Komajda
- Entertainment featuring Hackbrett, Schwyzerörgeli and Alphorn Trios and Bandella Scampolo
- Mediterranean Diet – Roberto Ferrari
- Scientific programme – Volker Adams
- EuroPrevent Jazz Band during the Cocktail Reception

## E. 2 YIA – Basic and Translational Science and Clinical Science

149 abstracts were submitted under the YIA option.

Six young investigators were accepted per sessions, 12 presenters in total.

The 2 winning YIA presenters were announced during the closing ceremony. The winners received a certificate and 500 €.

### **YIA Clinical Science:**

Short and long sleep duration in relation to 10-year cardiovascular disease incidence: The MORGEN Study

M.P. Hoevenaar-Blom

### **YIA Basic and translational science:**

Exercise NO-independently upregulates AT-2 receptor expression in-vivo.

V.T. Dao

## F. Abstracts

	<b>EuroPrevent 2011</b>	<b>EuroPrevent 2010</b>	<b>EuroPrevent 2009</b>
Submitted abstracts	724	718	719
Accepted abstracts	420	432	452
Oral Presentations	28	24	42
Posters	360	360	350
Moderated Posters	32	48	60
Acceptance Rate	58 %	60 %	63%

**Abstract CD ROMs:** 1500 abstract CD-ROMs were available and distributed from the EACPR / ESC Stand.

## G. Abstracts per Topic

Topic 2011	Member of EACPR	Not Member of EACPR	Total
01.00 - Prevention and rehabilitation from knowledge to practice	26	37	63
01.01 - Obesity (Prevention & Epidemiology)	14	11	25
01.02 - Hypertension (Prevention & Epidemiology)	17	26	43
01.03 - Diabetes Type 1/2 (Prevention & Epidemiology)	7	15	22
01.04 - Lipid Disorders (Prevention & Epidemiology)	2	11	13
01.05 - Smoking (Prevention & Epidemiology)	9	10	19
01.06 - Psychosocial factors/Quality of life (Prevention & Epidemiology)	14	20	34
01.07 - Other risk factors (Prevention & Epidemiology)	24	39	63
01.08 - Atherosclerosis/CAD (Prevention & Epidemiology)	27	64	91
01.09 - Heart Failure (Prevention & Epidemiology)	4	16	20
01.10 - Other Heart Disease (Prevention & Epidemiology)	2	13	15
01.11 - Vascular disease (Prevention & Epidemiology)	9	23	32
01.12 - Rhythm Disorders/Sudden death (Prevention & Epidemiology)	4	12	16
01.13 - Athlete's heart (Prevention & Epidemiology)		4	4
01.14 - Health economics (Prevention & Epidemiology)		2	2
02.01 - Obesity (Rehabilitation & Implementation)	4	3	7
02.02 - Hypertension (Rehabilitation & Implementation)	1	6	7
02.03 - Diabetes Type 1/2 (Rehabilitation & Implementation)	6	4	10
02.04 - Lipid Disorders (Rehabilitation & Implementation)		4	4
02.05 - Smoking (Rehabilitation & Implementation)	2	1	3
02.06 - Psychosocial factors/Quality of life (Rehabilitation & Implementation)	8	12	20
02.07 - Other risk factors (Rehabilitation & Implementation)	5	11	16
02.08 - Atherosclerosis/CAD (Rehabilitation & Implementation)	6	22	28
02.09 - Heart Failure (Rehabilitation & Implementation)	18	19	37
02.10 - Other Heart Disease (Rehabilitation & Implementation)	3	3	6
02.11 - Vascular disease (Rehabilitation & Implementation)	3	2	5
02.12 - Rhythm Disorders/Sudden death (Rehabilitation & Implementation)	1	2	3
02.14 - Health economics (Rehabilitation & Implementation)	1	1	2
03.02 - Hypertension (Sports Cardiology)	1		1
03.04 - Lipid Disorders (Sports Cardiology)		1	1
03.06 - Psychosocial factors/Quality of life (Sports Cardiology)	2	3	5
03.07 - Other risk factors (Sports Cardiology)	1	2	3
03.08 - Atherosclerosis/CAD (Sports Cardiology)	3	4	7
03.09 - Heart Failure (Sports Cardiology)	1		1
03.11 - Vascular disease (Sports Cardiology)		2	2
03.12 - Rhythm Disorders/Sudden death (Sports Cardiology)	3	5	8
03.13 - Athlete's heart (Sports Cardiology)	10	5	15
04.01 - Obesity (Exercise & Translational Science)	1	4	5
04.02 - Hypertension (Exercise & Translational Science)	1	2	3
04.03 - Diabetes Type 1/2 (Exercise & Translational Science)	2	2	4
04.04 - Lipid Disorders (Exercise & Translational Science)		2	2
04.06 - Psychosocial factors/Quality of life (Exercise & Translational Science)	1	1	2
04.07 - Other risk factors (Exercise & Translational Science)		1	1
04.08 - Atherosclerosis/CAD (Exercise & Translational Science)	7	8	15
04.09 - Heart Failure (Exercise & Translational Science)	8	8	16
04.10 - Other Heart Disease (Exercise & Translational Science)	3	1	4
04.11 - Vascular disease (Exercise & Translational Science)	3	1	4
04.12 - Rhythm Disorders/Sudden death (Exercise & Translational Science)		2	2
04.13 - Athlete's heart (Exercise & Translational Science)		3	3
<b>Grand Total</b>	<b>264</b>	<b>450</b>	<b>714</b>

## H. Abstracts by Country

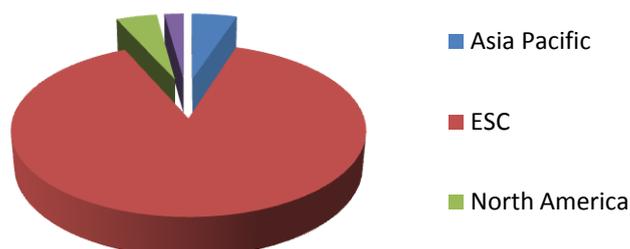
Geographical Zones	Country	EuroPREvent 2011		EuroPREvent 2010		EuroPREvent 2009	
		Accepted	Subm.	Accepted	Subm.	Accepted	Subm.
Asia Pacific	Afghanistan				1		
ESC	Albania		1				
ESC	Algeria						
South & Central America	Argentina		1	3	5		1
ESC	Armenia	1	4	2	7	1	6
Asia Pacific	Australia	3	3	6	9	3	5
ESC	Austria	3	4	5	7	2	2
Asia Pacific	Azerbaijan	1	3				
South & Central America	Barbados					1	1
ESC	Belarus				2	1	3
ESC	Belgium	14	19	14	16	19	21
ESC	Bosnia and Herzegovina		1			1	1
South & Central America	Brazil	8	18	10	21	8	13
ESC	Bulgaria	3	7	1	1	4	7
North America	Canada	14	17	6	12	3	16
South & Central America	Chile						
Asia Pacific	China, People's Republic of	1	3	4	5	3	9
ESC	Croatia		5	2	3	1	1
South & Central America	Cuba						
ESC	Cyprus	2	5	3	5		
ESC	Czech Republic	4	7	9	22	6	10
Africa (non ESC)	Democratic Republic of Congo						
ESC	Denmark	12	13	11	13	9	10
ESC	Egypt	5	7	4	5	2	7
ESC	Estonia					3	4
ESC	Finland	3	3	1	2	7	11
ESC	France	6	10	9	15	7	12
ESC	Georgia, Republic of	3	9	3	8	2	8
ESC	Germany	40	49	32	46	36	46
ESC	Greece	22	26	21	38	26	42
Asia Pacific	Hong Kong SAR, People's Republic of China		2				
ESC	Hungary	3	8		2	5	6
ESC	Iceland			3	3	4	4
Asia Pacific	India		9		1		1
Asia Pacific	Iran (Islamic Republic of)	4	14		2	3	9
Asia Pacific	Iraq		1				
ESC	Ireland	8	13	9	17	6	9
ESC	Israel	1	5	1	3	4	6
ESC	Italy	37	61	39	50	44	77
Asia Pacific	Japan	4	7	12	17	2	6
Asia Pacific	Jordan					2	2

Asia Pacific	Korea, Republic of	4	6	6	8	3	4
ESC	Latvia	1	2		3	2	3
ESC	Lebanon				1		
ESC	Libyan Arab Jamahiriya				1		
ESC	Lithuania	3	5	5	7	3	9
ESC	Luxembourg					1	1
ESC	Macedonia	1	1			1	1
North America	Mexico		1		2		3
ESC	Moldova, Republic of	1	2				
ESC	Montenegro						
ESC	Morocco						
Asia Pacific	Nepal						1
ESC	Netherlands	14	17	11	16	14	20
Asia Pacific	New Zealand			4	3		
Africa (non ESC)	Nigeria						1
ESC	Norway	4	9	18	19	12	12
Asia Pacific	Pakistan						
South & Central America	Peru	1	1				
Asia Pacific	Philippines				1	1	1
ESC	Poland	17	29	17	25	22	40
ESC	Portugal	15	24	16	39	20	27
Asia Pacific	Qatar						
ESC	Reunion			1	1		
ESC	Romania	20	34	20	45	18	50
ESC	Russian Federation	33	76	20	39	13	40
ESC	San Marino, Republic of			1	1		
Asia Pacific	Saudi Arabia	1	1				
ESC	Serbia	9	26	11	21	6	14
Asia Pacific	Singapore	1	1				1
ESC	Slovak Republic	7	8	7	12	9	11
ESC	Slovenia	1	2				
Africa (non ESC)	South Africa			1	3	2	5
ESC	Spain	11	26	9	29	13	21
ESC	Sweden	9	14	14	19	20	25
ESC	Switzerland	18	21	15	12	9	10
Asia Pacific	Taiwan, ROC	1	1	2	3		
ESC	Turkey	3	4	5	12	4	8
ESC	Ukraine	3	13	2	7	1	4
Asia Pacific	United Arabe Emirates	1	2				
ESC	United Kingdom	34	47	29	37	22	33
North America	United States of America	5	8	5	10	3	8
Asia Pacific	Uzbekistan		3				
South & Central America	Venezuela		5	3	4	1	6
<b>Grand Total :</b>		420	<b>724</b>	<b>432</b>	<b>718</b>	<b>415</b>	<b>715</b>

## I. Abstracts breakdown by geographical region

Europevent 2011 - Abstracts submitted by geographical region	Number of abstracts	%
Africa (non ESC)	0	0
North America	19	4,52
South & Central America	9	2,14
Asia Pacific	21	5
ESC	371	88,33

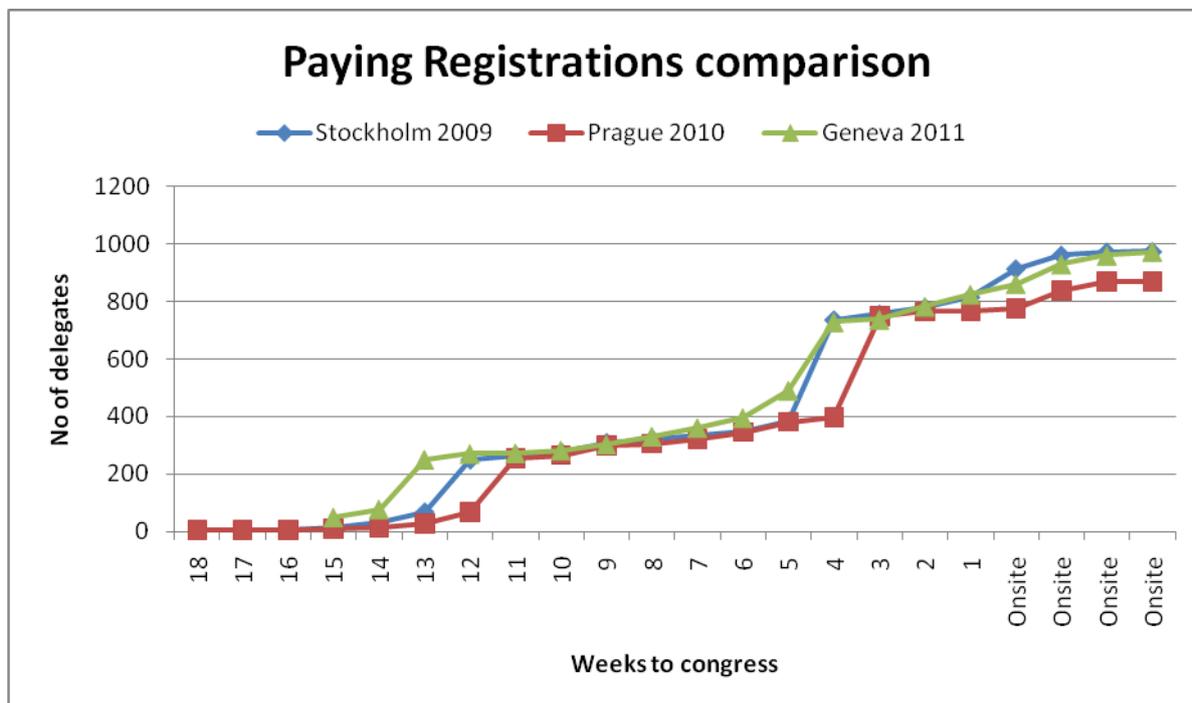
### Abstracts by Geographical Region



## IV. REGISTRATION / ATTENDEES

### A. Figures

By category	2011 Geneva	2010 Prague	2009 Stockholm
Delegates	1179	1037	1182
Accompanying persons	22	31	46
Exhibitors	147	40	93
<b>Total</b>	<b>1354</b>	<b>1103</b>	<b>1306</b>
<b>Advance Registrations</b>			
Delegates	992	940	1048
<b>On-site registrations</b>			
Delegates	187	97	159
Accompanying persons	2	0	6
<b>By Fee</b>			
Standard fee	648	579	676
EACPR Members	144	94	73
Allied Healthcare Professional	119	96	137
Day tickets	63	24	87
Faculty members	161	135	150
Board members	15	18	17
Free (incl. Press)	205	4	42
Accompanying persons	22	24	31
Exhibitors	147	40	93



## V. DELEGATE FACTSHEET

### A. Total Registrations

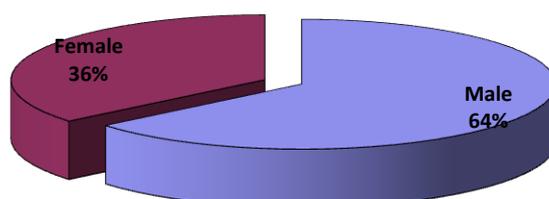
Here is a history of registration numbers for recent congresses. They exclude exhibitors and accompanying persons.

Congress	No.
EuroPREvent 2011 (Geneva - Switzerland)	1179
EuroPREvent 2010 (Prague - Czech Republic )	1037
EuroPREvent 2009 (Stockholm - Sweden)	1182
EuroPREvent 2008 (Paris - France)	1209

The remaining figures below concern EuroPREvent 2011.

### B. Demographics

The average age of the congress attendees was 47.7



## C. Geographical

Split by region:

<b>Region</b>	<b>Attendees</b>	<b>%</b>
ESC	1012	85,8%
Asia Pacific	104	8,8%
North America	36	3,1%
South & Central America	25	2,1%
Africa (non ESC)	2	0,2%
Total	1179	100,0%

*(Note: ESC Region covers Europe + National Societies)*

Top 20 Countries:

<b>Top 20 Countries</b>	<b>Attendees</b>
Greece	118
Switzerland	95
Romania	78
Italy	78
Germany	60
United Kingdom	58
Turkey	57
Belgium	43
Russian Federation	41
Netherlands	38
Denmark	29
Vietnam	29
Serbia	28
Albania	27
Sweden	26
Spain	26
Norway	26
Bulgaria	22
Brazil, USA and Ireland (each)	21

## D. Profile

### *Fields of Interest and Areas of Expertise*

71% of EuroPrevent 2011 attendees provided Professional Activity information. Multiple choices may be made (average 6.2).

<b>Interests and Areas of Expertise</b>	<b>%</b>
Cardiovascular Rehabilitation and Secondary Prevention – Long-term Management	58,7%
Heart Failure (HF)	49,3%
Hypertension	48,0%
Rehabilitation and Exercise Physiology	42,1%
Acute Coronary Syndromes (ACS)	38,1%
Chronic Ischaemic Heart Disease (IHD)	35,7%
Non-invasive imaging - Echocardiography, CMR, CT and Nuclear Techniques	29,8%
Arrhythmias	27,2%
Atrial Fibrillation	25,8%
Diabetic Heart Disease	25,5%
Myocardial Disease	21,6%
Valvular Heart Diseases	20,6%
Sudden Cardiac Death and Resuscitation	19,8%
Syncope	17,7%
Basic Science ( <i>New category Mar 2008</i> )	16,3%
Peripheral Arterial Diseases	16,1%
Clinical Pharmacology	13,4%
Infective Endocarditis	11,5%
Other	11,3%
Thromboembolic Venous Disease	10,4%
Cardiac Consult ( <i>New category Mar 2008</i> )	10,4%
Invasive imaging - Cardiac Catheterisation and Angiography	9,9%
Pericardial Disease	9,8%
Congenital Heart Disease	9,3%
Primary Pulmonary Hypertension (PPH)	9,2%
Pregnancy and Heart Disease	8,6%
Diseases of the Aorta and Trauma to the Aorta and Heart	7,4%
Genetics	6,0%
Cardiac Tumours	4,1%
Interventional Cardiology ( <i>New category Oct 2010</i> )	3,7%

### *Place of Work*

71% of EuroPrevent 2011 attendees have provided this information. Multiple choices may be made (average 1.2).

<b>Place Of Work</b>	<b>%</b>
In University Hospital	52,3%
In Non-University Hospital	24,5%
Research	20,2%
Private Practice	19,1%
Other	8,9%

### **Professional Activity**

72% of EuroPREvent 2011 attendees have provided Professional Activity information. A single choice must be made.

<b>Professional Activity</b>	<b>%</b>
Cardiologist	54,9%
Scientist	14,5%
Other	14,5%
Cardiologist - Trainee	5,6%
General Practitioner	3,1%
Nurse	2,6%
Public Health Organisation/NGO	2,3%
Technician	1,1%
Industry/Agent	0,7%
Press/Medical Writer	0,6%
Surgeon	0,2%

### **Continuing Medical Education Interests**

53% of EuroPREvent 2011 attendees have provided this information (optional). This is again a multiple choice (average 2.2 choices per person) question.

<b>CME Interests</b>	<b>No.</b>	<b>%</b>
Congresses and Meetings	537	86,5%
Scientific Journals and Publications	488	78,6%
Online Education	369	59,4%

## **E. Membership**

Here are tables showing the percentage of EuroPREvent 2011 attendees who are EACPR members and conversely the percentage of EACPR members who attended EuroPREvent 2011.

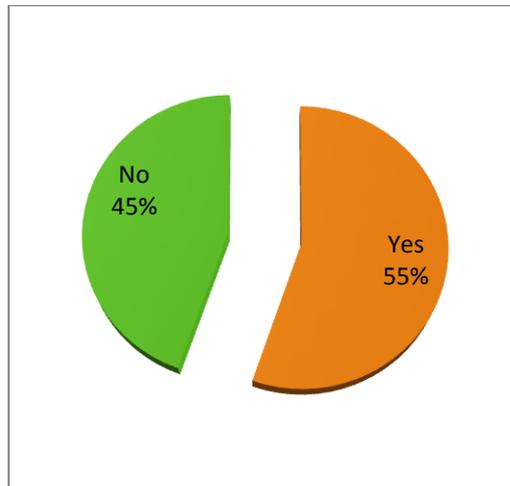
Attendees	1179
Members Attending	371
%	31%

EACPR Members	2339
Members Attending	371
%	16%

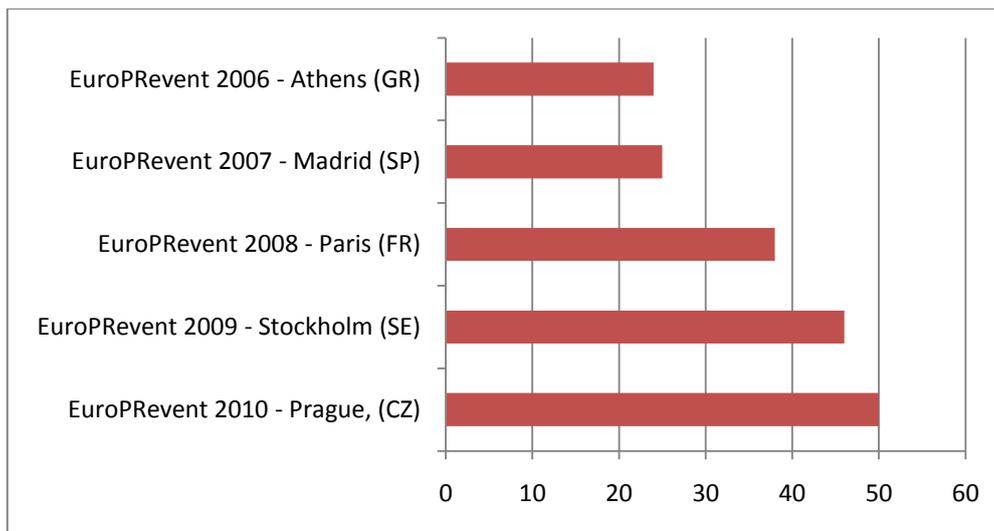
## VI. POST-CONGRESS SURVEY ANALYSIS

1179 delegates received this survey, 181 responded.

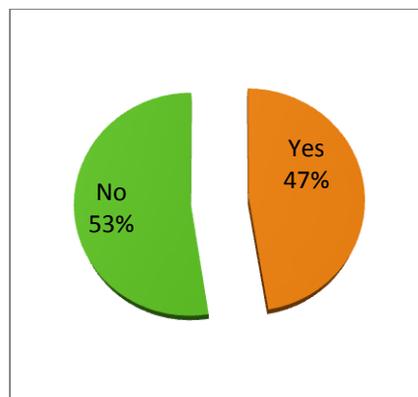
### 1. Is this the first time you have been to EuroPrevent?



### 2. If No, which EuroPrevent did you attend?



### 3. Did you submit an abstract this year?



#### **4. What do you hope to learn about preventive cardiology from this congress?**

**Lifestyle:** *yoga, Scientific explanation about diets, life styles, sports and practical experiences useful in daily practice, lifestyle recommendations, how to get people to change their health behaviours BEFORE their cardiac event, lifestyle, Research relating to lifestyle (diet and exercise)*

**International experience/data:** *a broad worldwide perspective about what is being done for prevention, The reasons for the low mortality rate in Switzerland, worldwide risk, Overview of national policies in Europe; on-going calls for action, Use of rehabilitation in Europe; recent research evidence of best approaches to prevention, evidence from other countries, International cooperation, Global approaches to preventive cardiology*

**New findings:** *newest research in treatment of heart failure, novel concepts, New approaches for prevention discussion of current approaches, New insights, New knowledge about diabetes and heart disease, New technologies in preventive cardiology, To make an update on the topic of Europrevent, New Preventive strategy for atherosclerotic heart disease, sports cardiology update, latest research, Up-to-date in preventive cardiology, newest guidelines, newest treatments, What current research is being undertaken, new developments in field of nutrition, lifestyle and risk factors, New researches in sports cardiology and cardiac imaging, the current gaps of knowledge for further research, especially in risk prediction, The latest advances in theory and practice of CVD risk prediction/assessment, new information on CV risk factors, effective strategies, and management of patients, News to bring back to my work in rehabilitation, Update about current progress in cardiac rehabilitation, new approaches in primary and secondary prevention, New ideas for own research, new preventive scopes and methods, New approaches in cardiovascular prevention and rehabilitation, new ideas for scientific projects, new risk factors-new risk behaviours, new guidelines and preventive methods and protocols, update and impact of preventive cardiology, Updated info on prevention strategies and outcomes, new aspects of rehabilitation in heart failure patients*

**Practical information:** *Practical lessons about prevention; clues about CPEx, Not to Learn, but to discuss about the issue we have to resolve, translating research into practice, hands on methods, new science, practical methods to implement prevention in cardiac diseases or worsening of cardiac diseases, practice, how to use preventive information in daily practice*

**Cardiac Rehabilitation (6)**

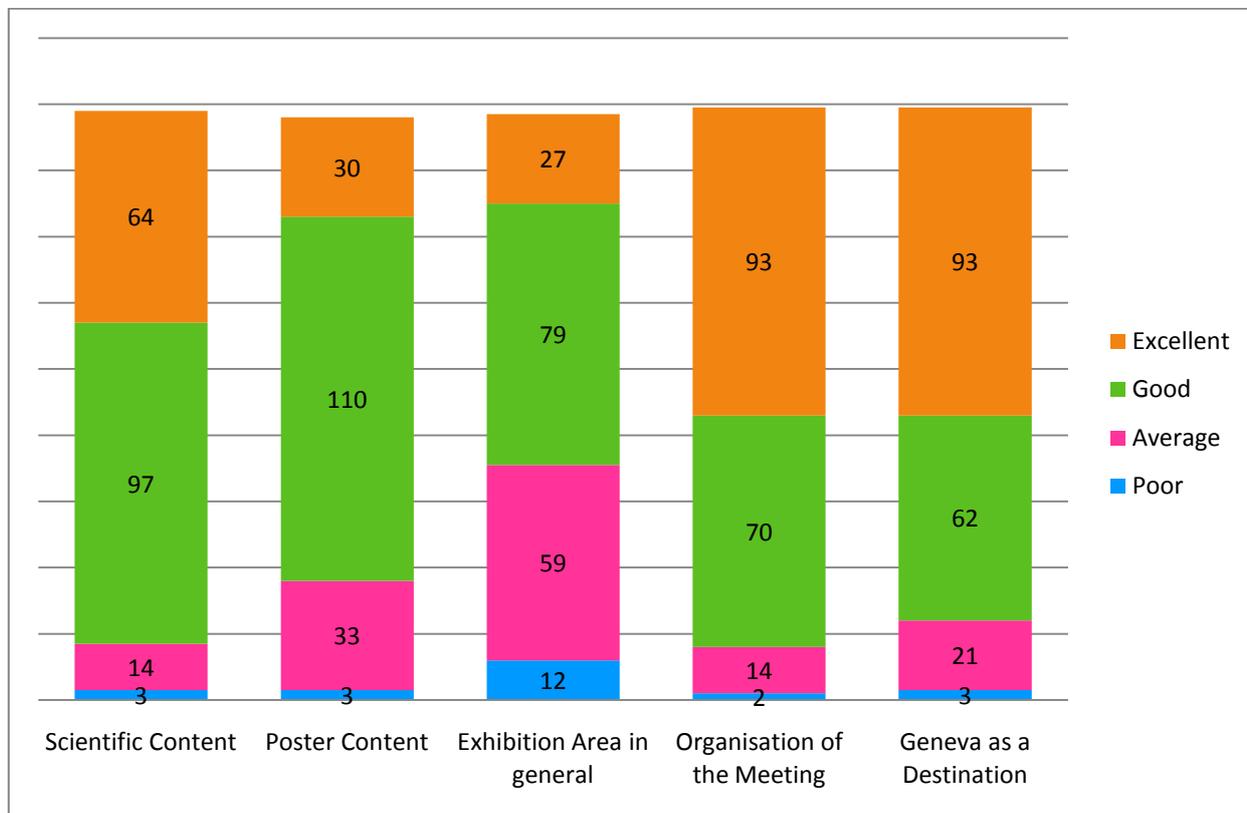
**Sports Cardiology (9)**

**Prevention:** *effective interventions to use in secondary prevention and cardiac rehabilitation, programs for prevention, early aged prevention, specific groups prevention, to get a better feel for what focus is present within the preventive arm of cardiology, Preventive cardiology from a lifecourse perspective, more about primary prevention of dyslipidemia, input on therapeutic regimen for primary and esp. secondary prevention of CVD, Cardiac prevention and strategies of rehabilitation through physical activity also in neuropathological populations, primary CVD prevention in general population and DM, Cardiovascular prevention, Success stories of preventive cardiology: where is prevention a structural part of treatment, The holistic approach to prevent cardiovascular disease, The role of echocardiography in programs of prevention, everything connected to prevention, state of the art in prevention and lifestyle, More about primary prevention, how to improve adherence and compliance in rehabilitation, information and strategies to improve patients' compliance for prevention, novel strategies for early prevention,*

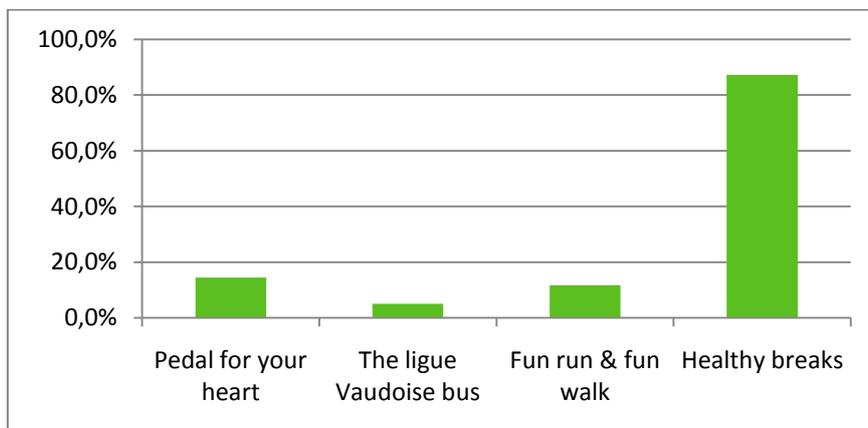
**Other:** *The best management of diabetes, Improve the knowledge about KV risk factors interactions, optimise risk stratification, early intervention, information about perspective of research, Early detection of atherosclerosis, sophisticated risk assessment, I'm interested in epidemiology of CHD, this congress was very focused on sports medicine rather than epidemiology, strategies and expert opinion to improve clinical practice, especially concerning sports medicine,*

*better prognosis of our patients, More about CAD primary and secondary prevention, Some educational methods for patients, meet colleagues and expert, mechanisms, something about biomarkers, SHAPE, preclinical detection of CAD, how to decrease the risk factors, strategy to treat my patients at high risk, RISK STRATIFICATION, Some of diabetes, kidney and CVD*

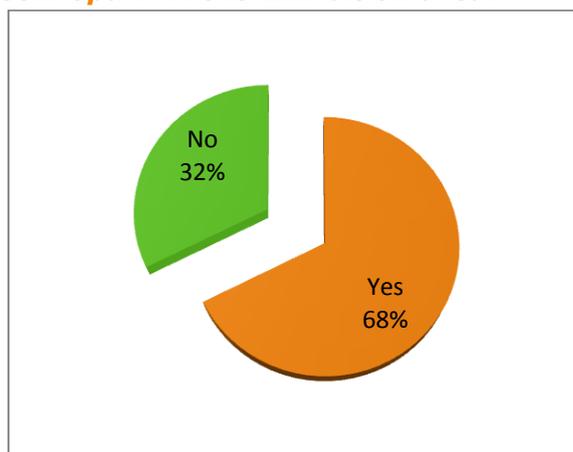
**5. Please rate the following with regard to your expectations:**



**6. Did you participate in any of the following health-oriented activities available during the congress?**



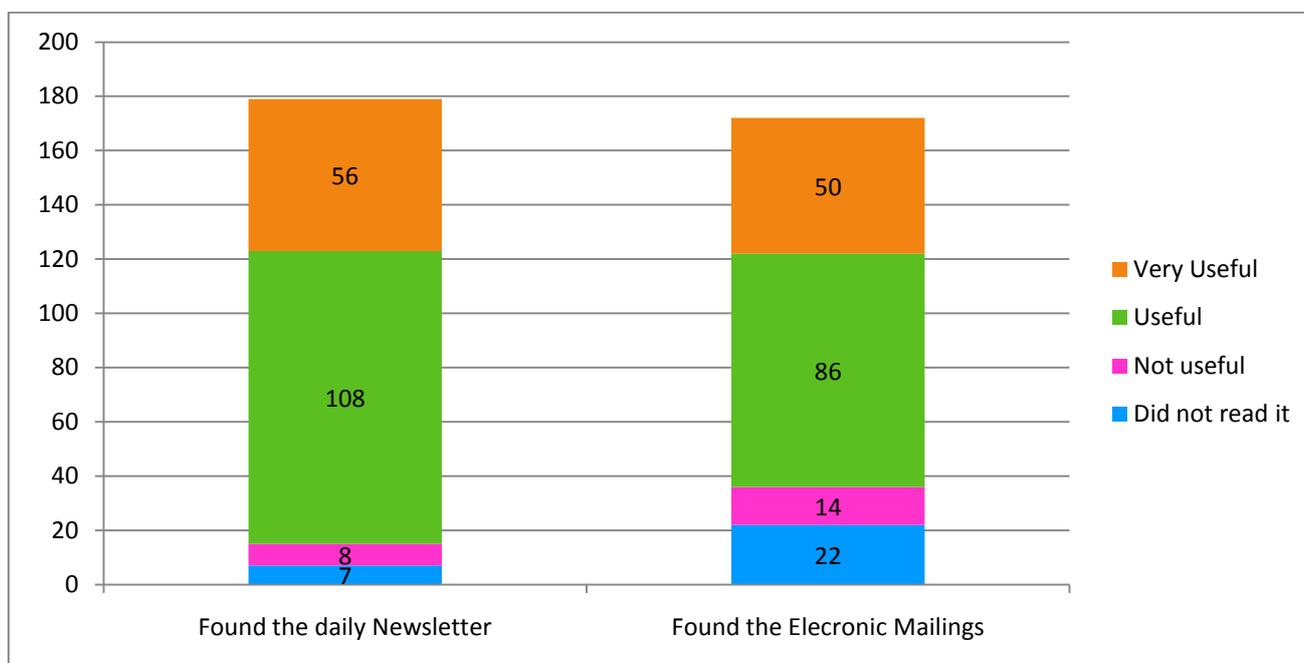
### 7. Did you visit the new Technopark in the Exhibition area?



#### If no, why not?

Of those who gave an explanation for not visiting the Technopark, 16 stated a **lack of time**, 10 said they were **unaware of the Technopark** and 5 said they were just **not interested** in it.

### 8. Were you kept informed of all developments during the conference?



#### Could you please explain your answer?

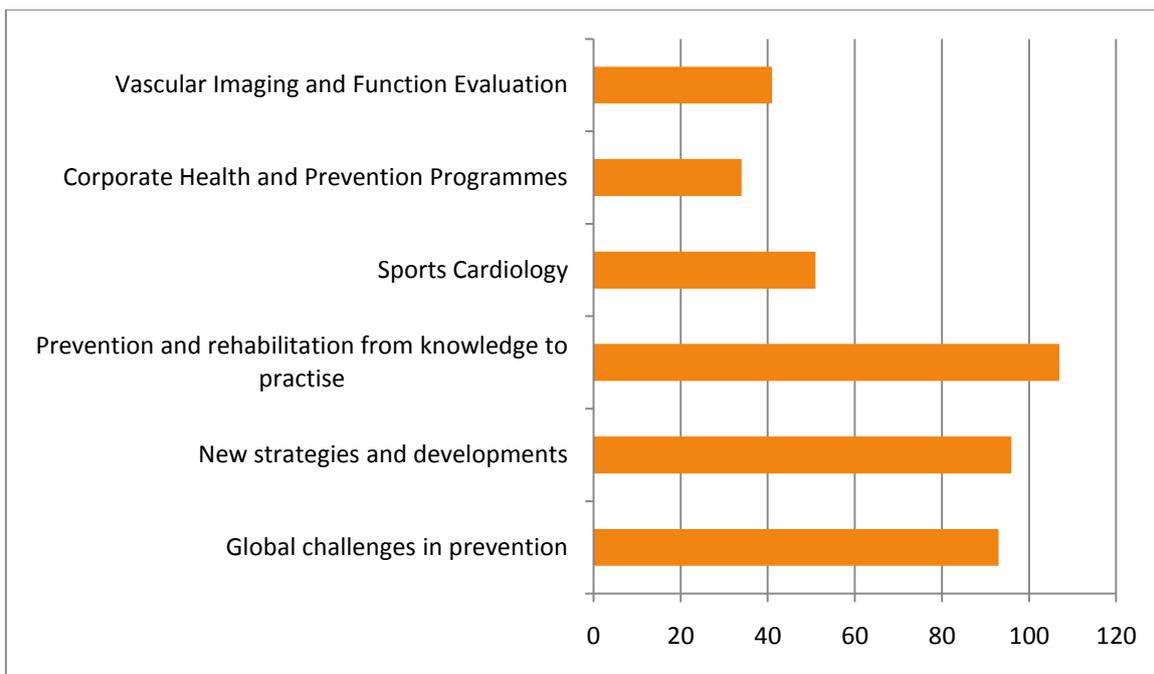
**Daily Newsletter:** arrived at the congress before the distribution of the newsletter, single page of newsletter was very easily read, great to see highlights, good short info, interesting to know what to follow, excellent review of key activities that might have been missed and outlined issues of interest for the day ahead, good summary of events

**Electronic Mailings:** Not able to get Emails every day, didn't have my computer with me all the time, did not check Emails, easier to read an Email

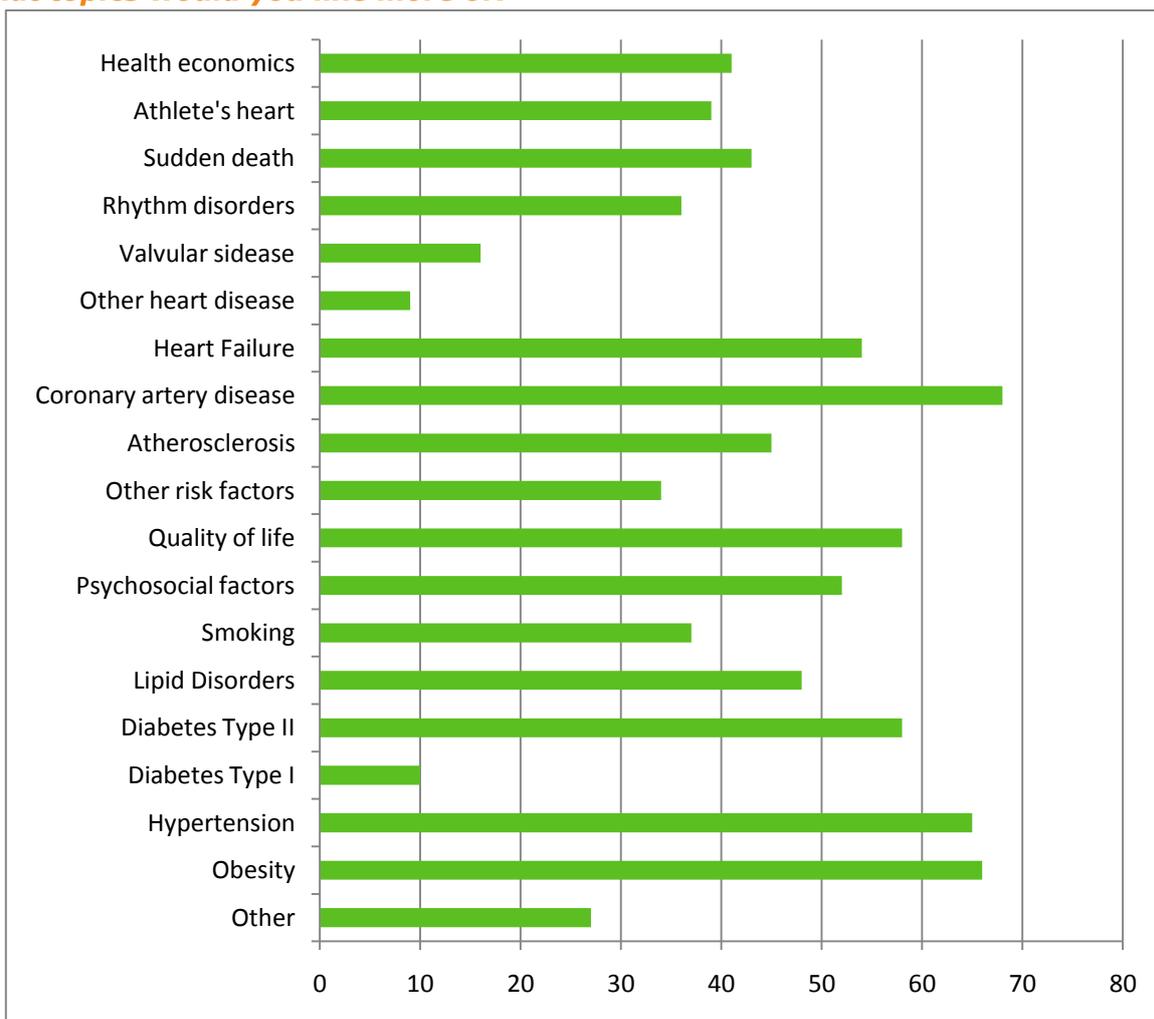
**General comments:** interesting to have adapted news every day, important to have daily news to organise the daily planning, gives a snapshot as multiple sessions of interest at the same time preclude attendance, good short info, highlighted some presentations, very useful and easy to access

Too many lectures at the same time, programme in congress bag is enough, would like more PC's for the webmail, did not give the information I was looking for, not interested, to be updated

**9. Which of the following EuroPREvent topics interests you the most?**



**10. What topics would you like more of?**



**Others (please specify):**

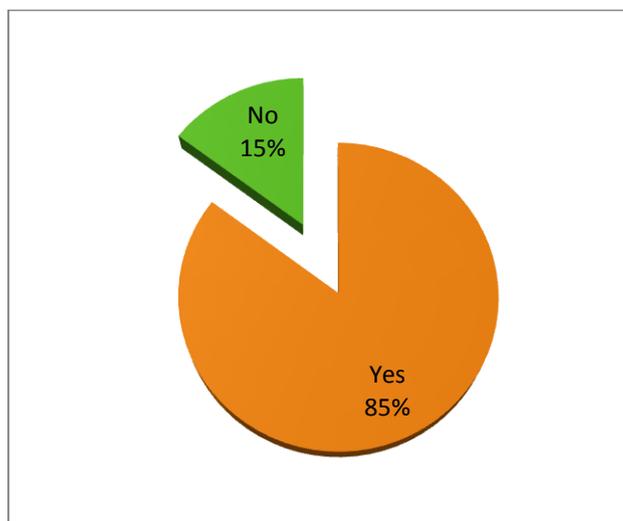
**Lifestyle:** exercise training as intervention and effect studies, Yoga, Exercise testing, exercise physiology, physical activity/exercise, nutrition, Lifestyle- diet and exercise, behaviour change, mental health in cardiac population, adherence to therapies

**Prevention:** prevention from a lifecourse perspective, Prevention, cardiovascular prevention in children, biomarkers of prevention

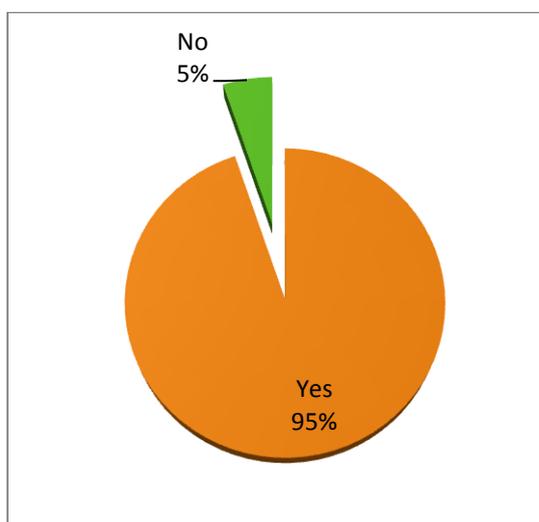
**Risk:** Masked risk factors, Community Interventions and Global CVD risk scores, Sleep-disordered breathing (SDB) as CV risk factor; diagnosis and treatment; SDB in heart failure.

**Other:** prehypertension, heart transplantation, Sports Cardiology in general, Connection to public health programmes and patient motivation problems (and how to solve them), Peripheral arterial disease, Implementation of cardiac rehab, Disease management program for coronary disease and heart failure, peripheral arterial disease, education, Rehabilitation in specific populations, Cardiovascular disease associated with oncologic treatment, DIVIESIS

**11. Would you be interested in how-to sessions on CVD Prevention Guidelines implementation?**



**12. Would you recommend attending the congress?**



**Please tell us why:**

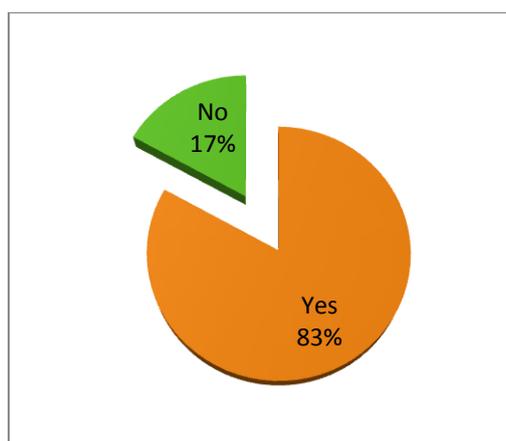
**Content:** *Good congress with good topics and excellent lectures, Very useful information, Because of recent information, to exchange and compare experience with colleagues of other European countries, Very interesting topics, excellent meeting, Useful for daily clinical practice to guide patients with CVD, excellent clinical updates and useful meeting ground, Up to day information, good compact conference, It was an excellent forum for scientific knowledge and networking, The content was useful, It is a great chance to catch up on all the latest trends and developments in preventive cardiology, Great information, New point of view to old problems, Excellent forum for sharing knowledge, high scientific quality, very nice ambiance, Opportunity to learn about European strategies on CV prevention and rehab, Extensive number of presentations on wide variety of topics, to expand your knowledge on the cause and on global management of CVD, important to pay attention to what's happening in Europe, big number of good lectures, I achieve my goals, High quality level, The multifaceted agenda including panel discussions and workshops with experts offers a wealth of topics and is the ideal meeting place for cardiologists*

**Networking:** *Meeting place for physical therapists, great atmosphere for social and professional networking, meeting with colleagues, for personal contacts with colleagues, it helps you meet both the experts and many colleagues, networking opportunities, it offered a good opportunity to meet other colleagues and hear of advances in prevention methods and techniques*

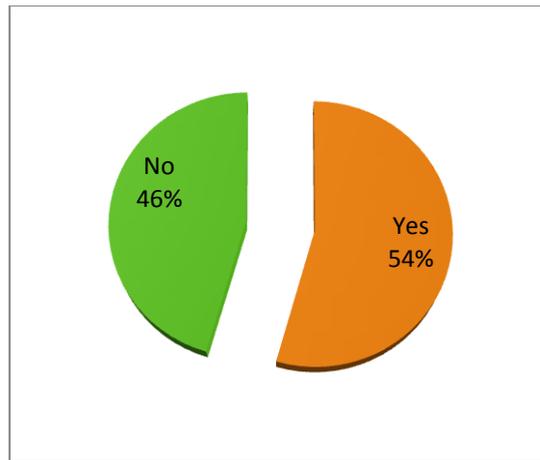
**Organisation:** *organisation was good, very good science program, good teachers, good organization, attractive destination, well organized*

**Negatives / Constructive criticism:** *There is too much prevention and not enough rehab, it was too practitioner focused without enough epidemiology, Quality was not that high, Very limited new information, too much focus on guidelines and well established facts. The congress is too dominated by "older men" happy with their previous research and with few new ideas and visions, very far from my interests, poor content, It could be a place for to meet the physiotherapists of the other states in Europe?*

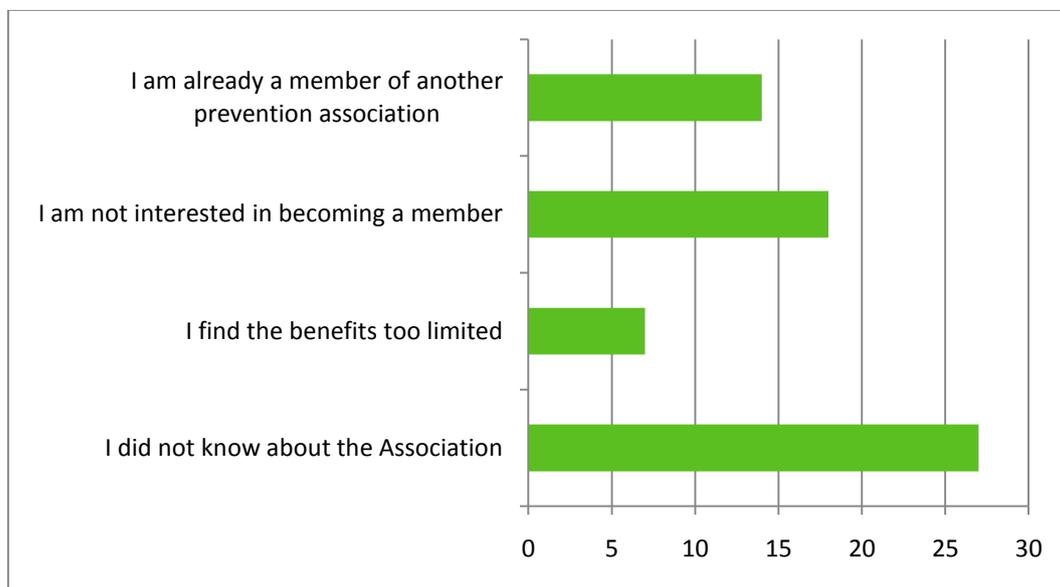
**13. Do you plan to attend EuroPRevent 2012, to be held in Dublin, Ireland, 3-5 May?**



**14. Are you a member of the EACPR? (European Association for Cardiovascular Prevention and Rehabilitation)**



**15. If no, could you please tell us why?**



**Other (Please specify):**

**I plan to join (5)**

**Not European** (Canadian, Japanese, Latin American)

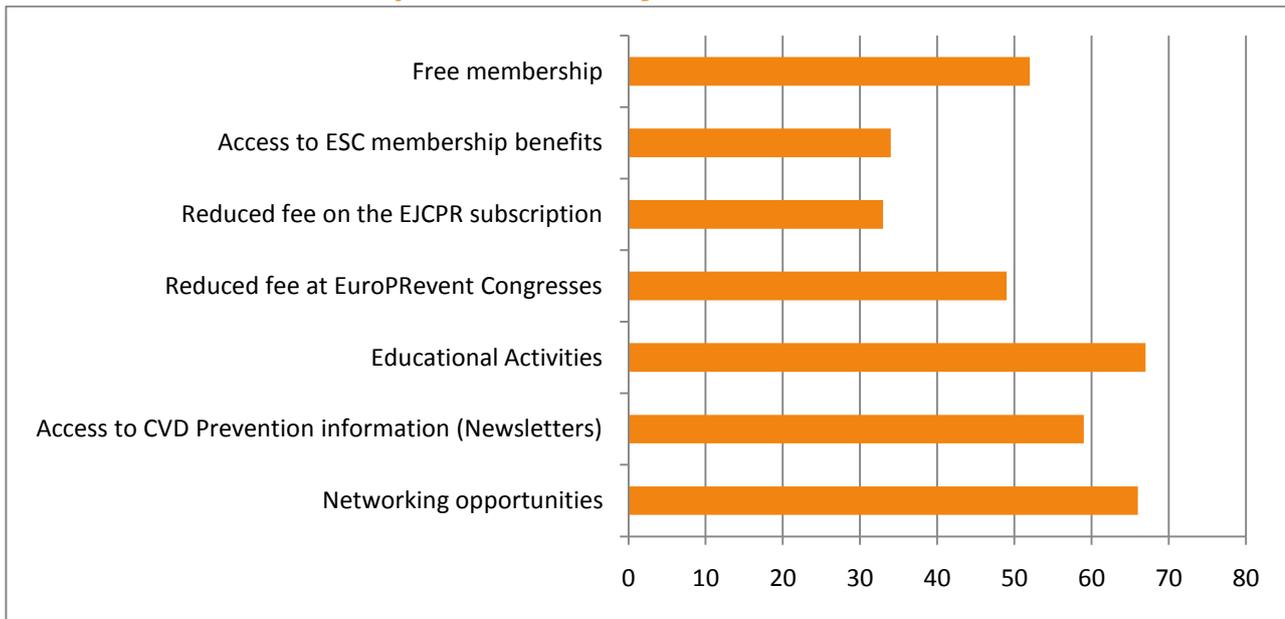
*Thinking about joining, but my profession is within psychology, so this would be an additional association for me to join*

*Not decided yet, I don't know enough about it, thinking about it*

**N/A** (not a cardiologist, I am a journalist)

**Other:** *Financial problems, I don't know what the Fee tax is*

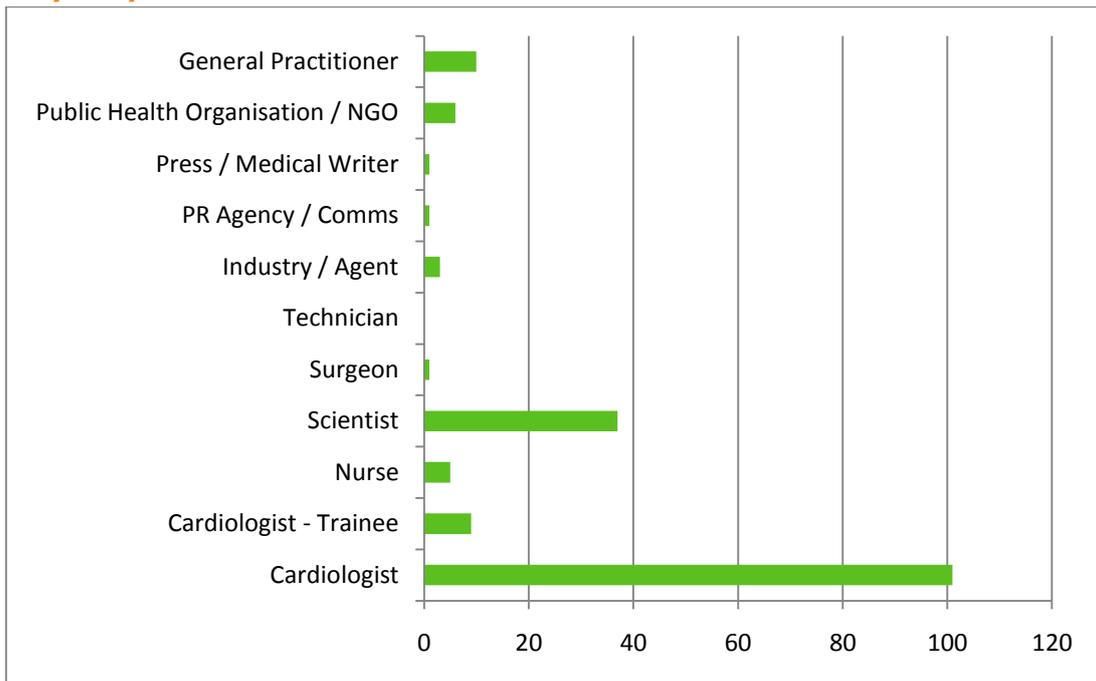
**16. What would motivate your decision to join?**



**Other (please specify):**

To get better information on rehab and sports cardiology  
 I can't understand what "free membership" is

**17. What is your profession?**



**Other (Please specify):**

**PhD student:** *psychologist and PhD student in medical psychology, PhD student (epidemiology and public health), with clinical background, Physiotherapist and PhD student, Student (postgraduate research in medicine), PHD student*

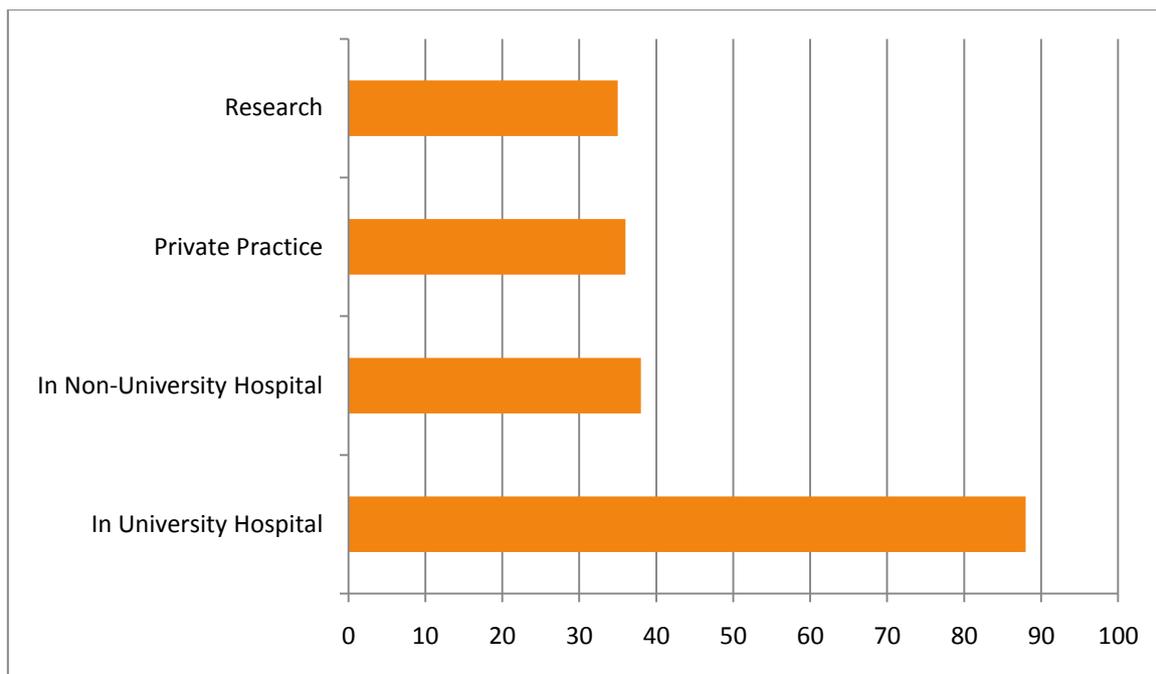
**Academic:** *professor of Health Science, Academic, Academic professor,*

**Internist (2)**

**Sport Physician (4), Physical Therapist (2), Physiotherapist (2)**

**Other:** *Specialist in Internal Medicine and Diagnostic Ultrasound, PhD in Sports, dietician, Nutritionist and epidemiologist, Psychologist, Research Pharmacist, Reseach physical therapist, Neurologist, Community medicine, health care inspectorate, Cardiac rehabilitation specialist, Angiologist, Oncology-internal medicine*

**18. Where is your place of work?**



**Other (Please specify):**

**University** (5)

**Rehabilitation centre** (2)

**Other:** Heart Association, Sports Federation, International organisation, Industry, pharmaceutical company, health care inspectorate- government, NGO as epidemiologist, home, General Practice, Health Care Centre, sports, Heart Charity

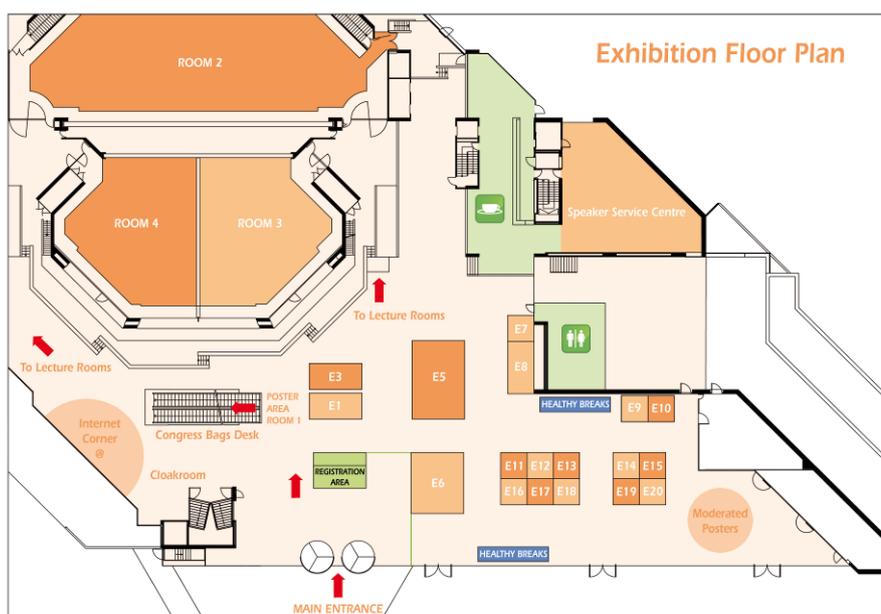
## VII.INDUSTRY

### A. Exhibition

For the third time, EuroPREvent hosted a technical exhibition enabling companies with products and services in the field of prevention to showcase their innovations and therapies. The exhibition added a new and vibrant dimension to the congress with delegates interacting with industry partners in a pleasant and relaxed environment during the healthy breaks, strategically located in the exhibition area. All industry partners confirmed that they were very happy with the delegate contact during the event and felt that they had received significant interest to justify investment at future EuroPREvent congresses.

Exhibiting companies covered 258 m<sup>2</sup> of exhibition space at EuroPREvent 2011 as follows:

Aloka Holding Europe AG	<b>E15</b>
Astra Zeneka	<b>E5</b>
AtCor Medical	<b>E7</b>
CORTEX Biophysik GmbH	<b>E8</b>
COSMED	<b>E11</b>
Custo med GmbH	<b>E8</b>
diaDexus. INC	<b>E13</b>
ESC / EACPR	<b>E1</b>
Itamar Medical Ltd	<b>E19</b>
Panasonic Marketing Europe GmbH	<b>E6</b>
PanGas AG Healthcare	<b>E20</b>
Romanian Heart Foundation	<b>E9</b>
SAGE	<b>E18</b>
Society of Cardiology of the Russian Federation	<b>E10</b>
STORZ MEDICAL AG	<b>E16</b>
Schweizerische Herzstiftung (Swiss Heart Foundation)	<b>E17</b>
World Heart Federation	<b>E3</b>



## B. TechnoPark



TechnoPark -technology changing your practice.

Devices and technical equipment have an increasingly important role to play in the field of cardiovascular prevention.

Our industry partners have and continue to be innovators in the development of new equipment, monitors and devices, vital to the improvement of patient care.

Technological innovations therefore had a special focus at EuroPREvent 2011 with all companies working as innovators in the field participating in a TechnoPark initiative.

We invited all EuroPREvent 2011 delegates to visit sponsors of the TechnoPark during the congress for a unique opportunity for hands-on demonstration of new devices and techniques.

TechnoPark exhibitors was listed on the website, in the final programme and onsite.

## C. Satellite Symposia

- BMW
- AstraZeneca
- Panasonic Healthcare (SHAPE)
- Servier

## VIII. EUROPREVENT 2012

### A. Congress Dates & Venue



EuroPREvent 2012 will take place from 3 – 5 May 2012 at:

#### **The Convention Centre Dublin**

Spencer Dock, North Wall Quay

Dublin 1, Ireland

[www.theccd.ie](http://www.theccd.ie)

### B. Important Deadlines

- |                          |                 |
|--------------------------|-----------------|
| ▪ Online Services Open   | 1 August 2011   |
| ▪ Abstract Submission    | 4 November 2011 |
| ▪ Early fee Registration | 6 February 2012 |
| ▪ Late Fee Registration  | 2 April 2012    |